

Training Course Catalogue



Thanks for downloading our Course Catalogue. We would be delighted to work with you to find the right training for your needs!

In-House Training

All courses in this catalogue can be delivered as in-house training and can be tailored to your service. Our team of in-house and associate practice experts will work with you to identify the needs of training participants and tailor courses to meet their specific needs.

Open courses

We run a number of our courses throughout the year as open sessions where individual delegates can purchase spaces. Details of our open course calendar can be found at: thefosteringnetwork.org.uk/training-and-events

If you have a training need not listed, please contact us

to discuss your requirements.

Get in touch

learn@fostering.net or call **020 7620 6400**.

We look forward to working with you,
The Learning and Development Team

About our training

Our training shaped by The Department for Education's **Training Support and Development Standards for Foster Care** in England, the Scottish Social Services Council's **The Standard for Foster Care**, and the Welsh National Fostering Framework's **Post Approval Learning**



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The Skills to Foster™



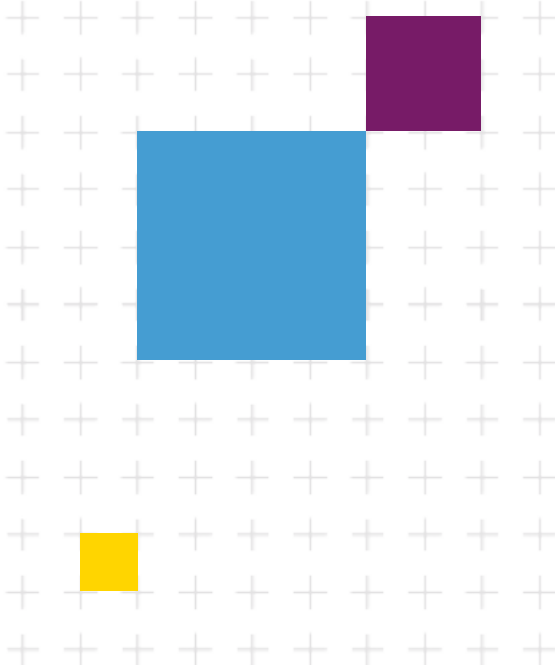
The Skills to Foster™ Pre-approval course has been designed to prepare new applicants for the challenges of fostering. It provides a flexible resource that supports foster carers taking on different types of fostering, including family and friends foster carers.

The course focuses on the practical, day-to-day skills that all foster carers need. It links into the Training, Support and Development Standards in England, other professional development qualifications, as well as our competency-based assessment process. It is relevant UK wide.

Audience	Applicants, foster carers
Delivery options	Three days– three full days, six half days, combination of full and half days
Delivery mode	In person or virtual / blended

Learning aims

- Explain how the Skills to Foster fits in with becoming a foster carer.
- Introduce participants to what is involved in foster care and the competencies, so that they can consider whether fostering is right for them and their families.
- Discuss the importance of a positive sense of identity to children and young people.
- Appreciate the need to act as an advocate on behalf of children and young people who may experience disadvantage as a result of unfair discrimination.
- Consider the importance of working in partnership with parents and look at some of the issues involved.
- Explore how foster carers, social workers and other professionals work together.
- Discuss the nature and consequences of child abuse and think about how carers can respond to the needs of children and young people who have been abused.
- Help participants begin to review what changes will be necessary in family life to take account of the demands of foster care.
- Develop an understanding of the behaviour of fostered young people in the context of their development and consider the nature of attachment, including disorders of attachment, and the importance of resilience.
- Introduce group members to the need to develop strategies to help young people manage behaviour.
- Consider why and how children move on from fostering homes.
- Explore how carers can help children and young people move on in a positive way.
- Acknowledge the feelings of everyone involved when a child moves on from a fostering home.



The Skills to Foster™: training the trainer

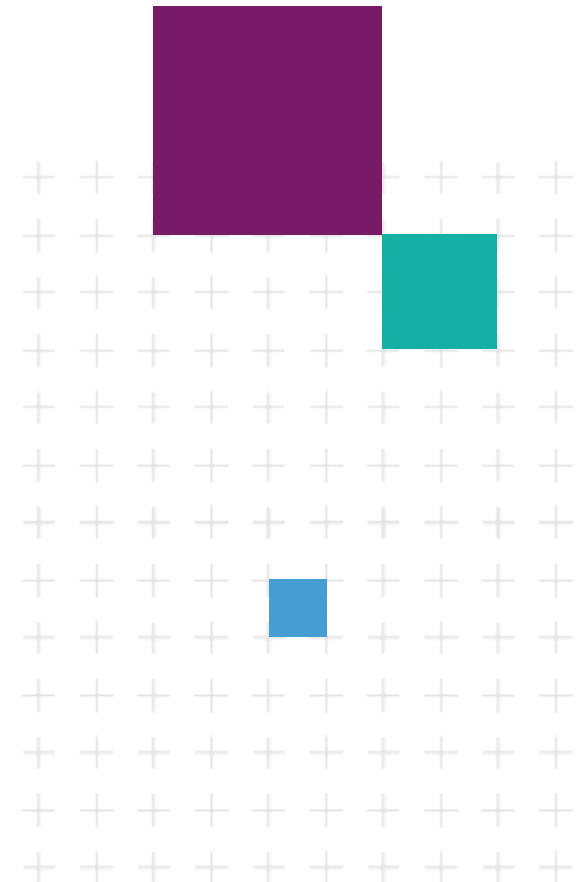
The course will provide participants with the knowledge and skills to deliver training for applicants and familiarise them with The Skills to Foster™ course materials

Trainers wishing to review and develop their skills or familiarise themselves with The Skills to Foster™ course materials will also benefit from attending.

Audience	Supervising social workers and foster carers delivering pre-approval training to applicants
Delivery options	Three day course
Delivery mode	In person or virtual / blended

Learning aims

- Reflect on personal training skills and potential areas for improvement.
- Update knowledge of the content of The Skills to Foster training materials.
- Explore some of the challenges faced when facilitating groups and to identify ways to overcome them.
- Enable participants to plan, prepare and deliver an exercise from The Skills to Foster training.
- Option to cover the increased usage of video conferencing platforms to support delivery of The Skills to Foster.



Assessment of applicants to foster

This course will equip new supervising social workers with the knowledge and skills to undertake assessment quality assessments of applicants to foster. Experienced practitioners will have an opportunity to review and develop their own practice, exploring a range of assessment methods and tools.

Learning aims

- Develop understanding of the purpose of assessing prospective foster carers.
- Introduce a range of methods to use in undertaking those assessments.
- Increase skills and confidence in assessment work.

Audience	Supervising Social Workers
Delivery options	One day course
Delivery mode	In person or virtual / blended



Family and friends assessments

The Family and friends assessment course is designed to explore the fostering team's role and responsibilities in the assessment and approval of Family and Friends carers.

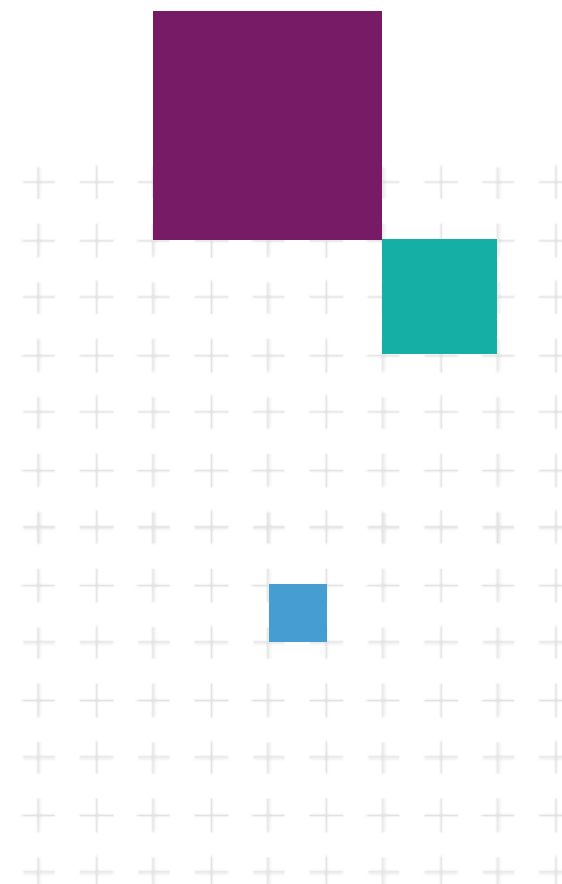
It highlights the ways in which the assessment of Family and Friends differs from that of non-relative carers in practice and helps participants to identify the components of good Family and Friends assessments.

It will also equip practitioners with skills and tools to use when assessing potential kinship carers.

Learning aims

- Explore key issues in the assessment of foster carers.
- Clarify the underlying legislation and role of Panel.
- Identify methods for quality assurance.
- Increase understanding of the purpose of assessing prospective foster carers.
- Introduce a range of methods to use in undertaking those assessments.
- Develop skills and confidence in assessment work.

Audience	Assessing, Supervising and Kinship/Family and Friends Social Workers New supervising social workers and those wishing to develop their practice further
Delivery options	One day course
Delivery mode	In person or virtual / blended



Fostering panel



The course will provide an overview of the regulations and guidance for Panels in England, Wales or Scotland. Participants will explore the role of the various panel members and provide members with an opportunity to review how they operate.

Audience	New and experienced Panel members, fostering team managers, supervising social workers, assessing social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Consider the roles and responsibilities of the Fostering Panel and the requirements of the new Regulations.
- Provide an opportunity to develop understanding of the Panel's role in contributing to the quality assurance of the service.
- Discuss how the agency may quality assure/ the effectiveness of the Panel.
- Action plan a way forward as a Panel.



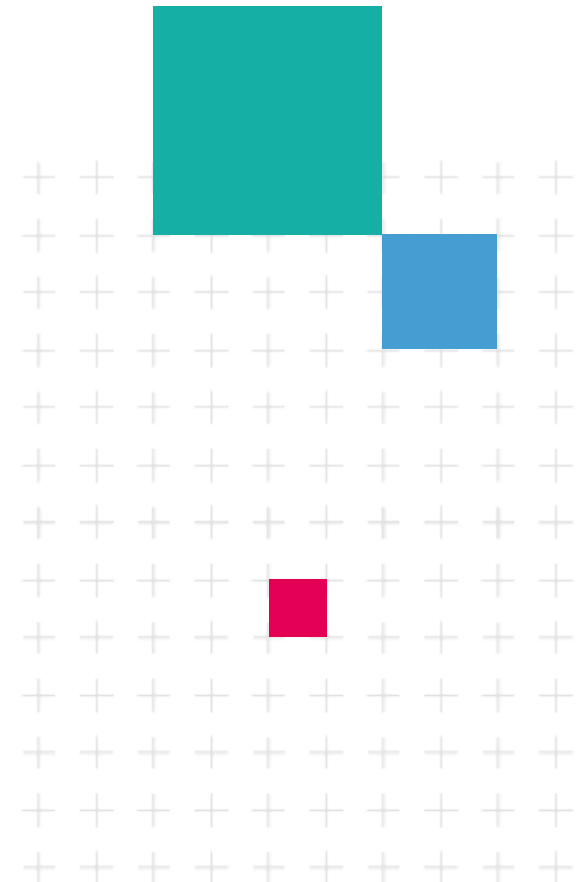
Child Development: understanding and responding to children

This training builds upon participants' knowledge and understanding of Attachment Theory and its practical implications. Participants will explore the impact of childhood trauma on children's development, attachment styles and behaviour in order to consider how they may use this knowledge to inform their practice in caring for looked after children.

Learning aims

- Develop a deeper understanding of Attachment Theory in practice and how it influences and impacts on child development.
- Explore and identify the impact of developmental trauma on children's attachment and behaviour.
- Consider a toolbox of strategies to enable you and the children you care for to navigate daily life.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended



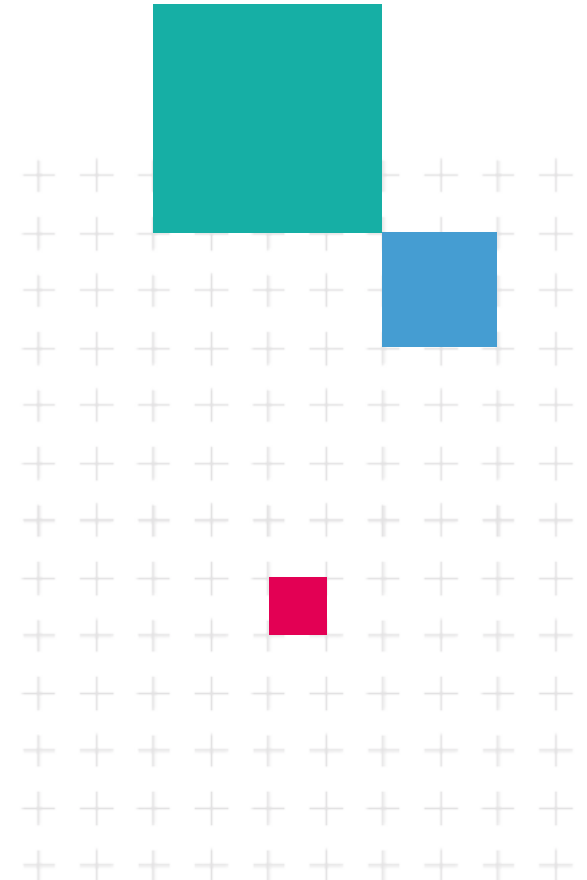
Family time (contact)

This training will look at the implications of legislation and National Standards on foster carers in promoting and facilitating family time (contact) for children and young people in care. Participants will identify the issues of contact between fostered children and their birth families and the impact contact can have on foster carers and their own families.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Explore how carers can develop skills in relation to contact.
- Review and understand the legislation that applies to contact.
- Provide a safe place to discuss experiences in order to problem solve and support others.
- Enable carers to build effective strategies for dealing with difficulties relating to working with Birth Families.
- Address contact within an anti-discriminatory framework.



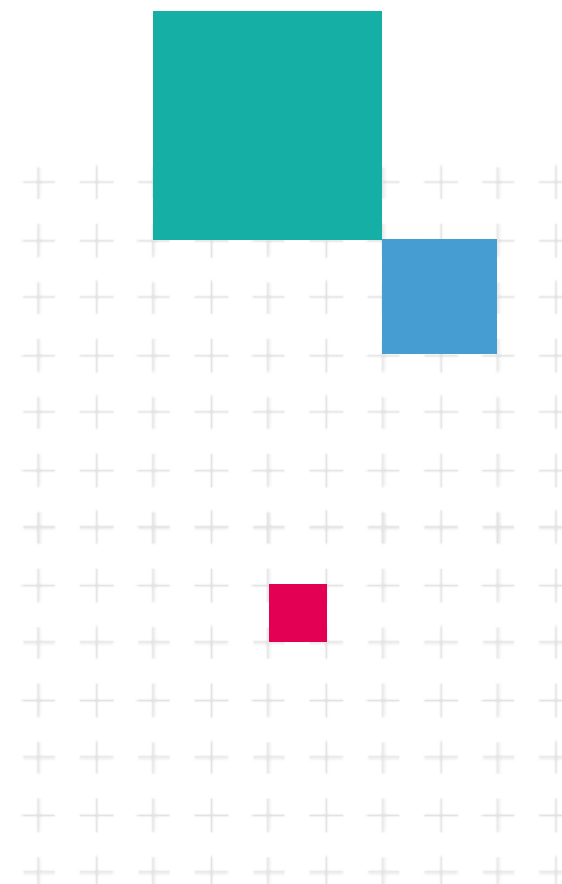
Delegated authority

This training has been designed to provide an improved experience for children in foster care and a workforce of foster carers who are viewed as integral to planning and decision making.

Audience	Approved foster carers and supervising social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Build trust and confidence across teams and roles to improve working together.
- Understand and be more confident in applying the new legal context which is supportive of delegated authority.
- Consider the reasons why this area of practice is crucial to children's experience of foster care.
- Look at the issues round the sharing and balance of responsibilities from the perspectives of those most closely concerned with the child's care and welfare.
- Recognise the links between the delegated authority agenda and the status and role of foster carers.
- Benefit from the findings of The Fostering Network's delegated authority project and consider how some of the projects tools could



Fostering digital skills for life

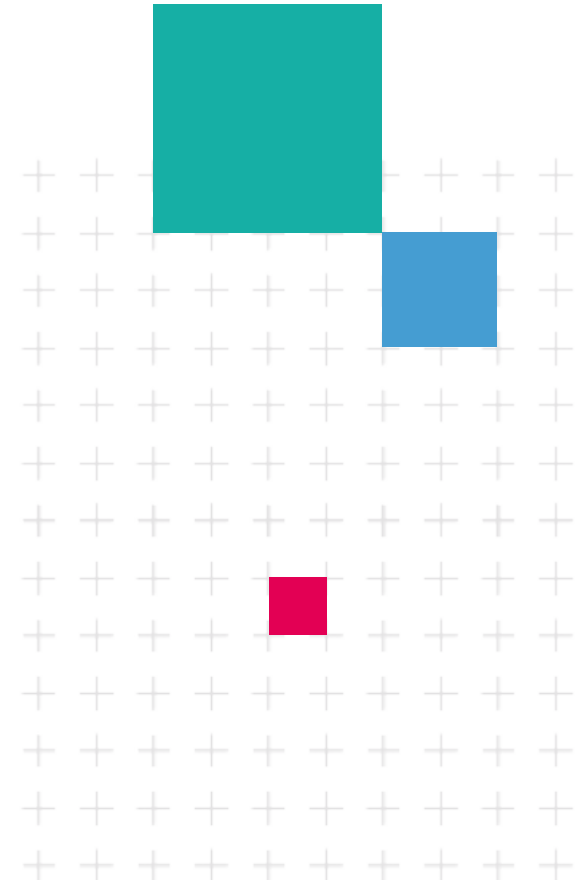
This course will provide participants with an understanding of the impact of digital technologies on their foster children and young people's lives and to introduce them to some positive strategies for managing this safely and effectively.

Our approach is anchored in the Digital Resilience Framework and informed by the latest academic research in this area. The framework provides a structure for the discussion and exploration of opportunities and issues that are specific to fostering and the lives of care experienced young people. We have co-created and refined the content in consultation with care experienced young people and foster carers across the UK.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Provide up to date knowledge about the different ways in which children and young people use technology.
- Increase understanding of some of the pressures and motivations the technology creates as well as some of the risks.
- Explore research into effective approaches for keeping children and young people safe online and developing digital resilience.
- Discuss some of the complexities and challenges faced by foster care children in particular and to look at strategies for managing these.



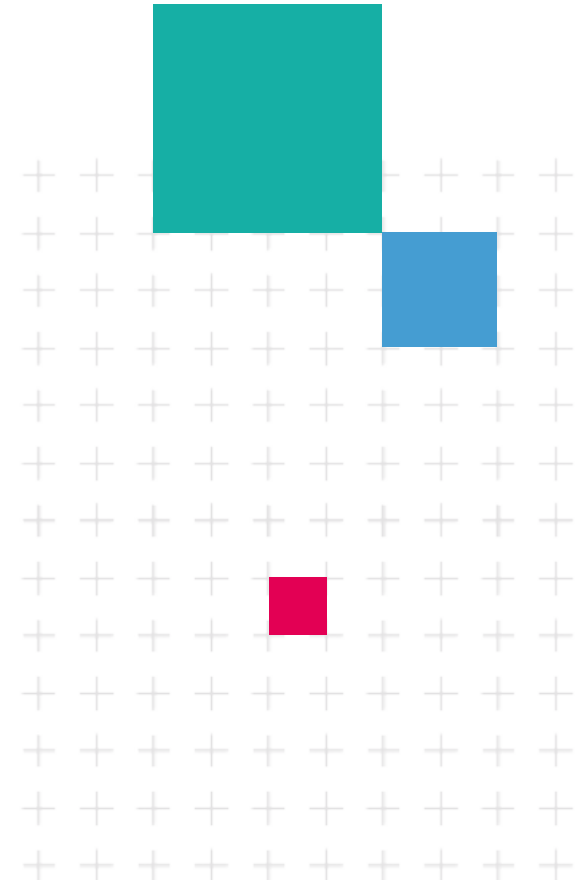
Concerns, complains and allegations

This course will provide an overview of the legislation, policy and practice guidance for managing allegations in England, Wales or Scotland.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Look at the differences between allegation, complains and concerns and standards of care investigations.
- Understand the main procedures used in investigating allegations.
- Identify good practice during the allegations process.
- Understand the barriers to clear communication.
- Gain a greater understanding of a foster carer's journey through an allegation.
- Discuss ways of minimising the incidence of allegations.



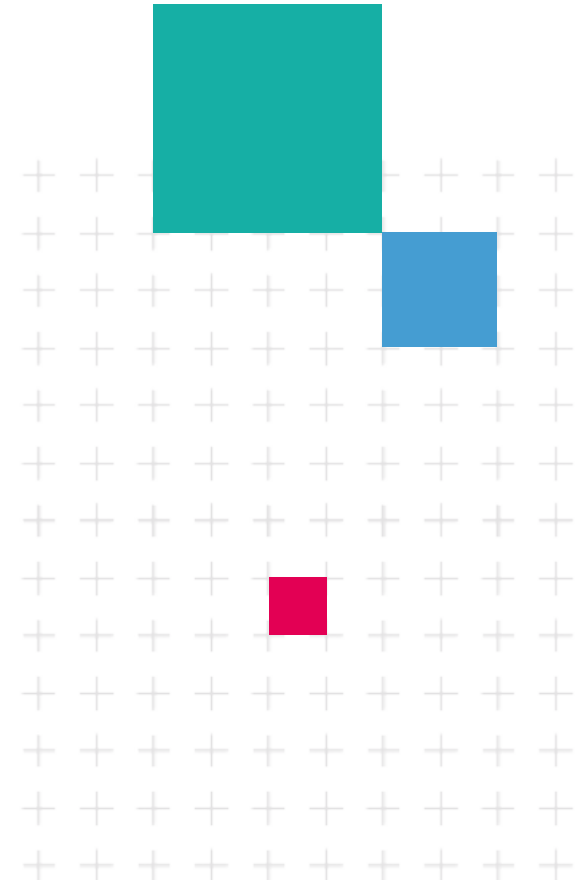
Record keeping

This course will assist foster carers to keep accurate records and share these appropriately.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Ensure foster carers are clear about their role in recording.
- Identify the reasons for recording information.
- Clarify what should be recorded and how, including using digital technology.
- Consider the legal issues involved in receiving, giving and storing information.
- Ensure foster carers are aware of national and local guidance and best practice in recording.
- Provide an opportunity to practice recording skills and reflect on own practice.



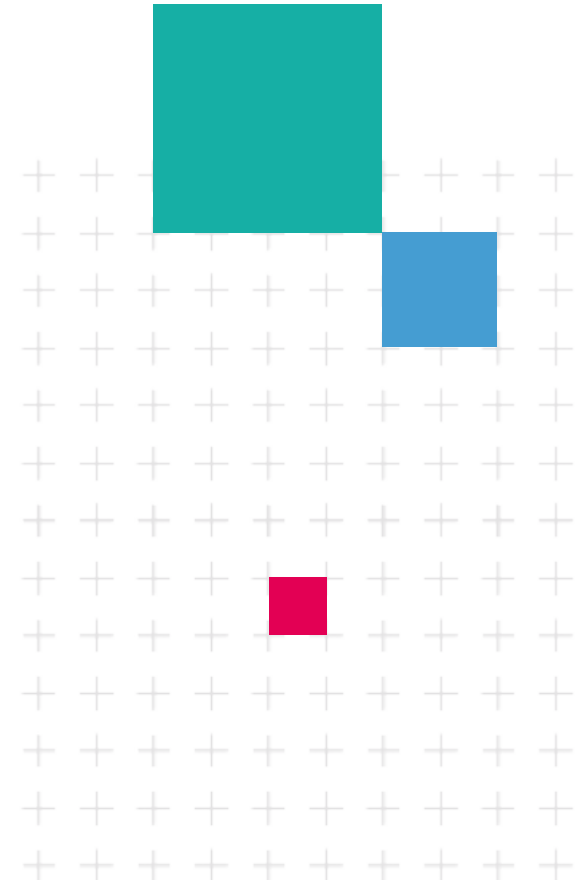
Safeguarding

This course will provide an overview of child protection legislation and guidance in England, Wales or Scotland and the implications of this legal framework for fostering.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Understand that Safeguarding is everyone's responsibility.
- Discuss the foster care role and the associated risks.
- Achieve a greater understanding of the need to balance risk with gains for the child's developmental experience.
- Discuss delegated authority, recording and internet safety.
- Understand the need for a clear and up to date safer care policy.
- Know the difference between an allegation, a complaint, and a serious concern.



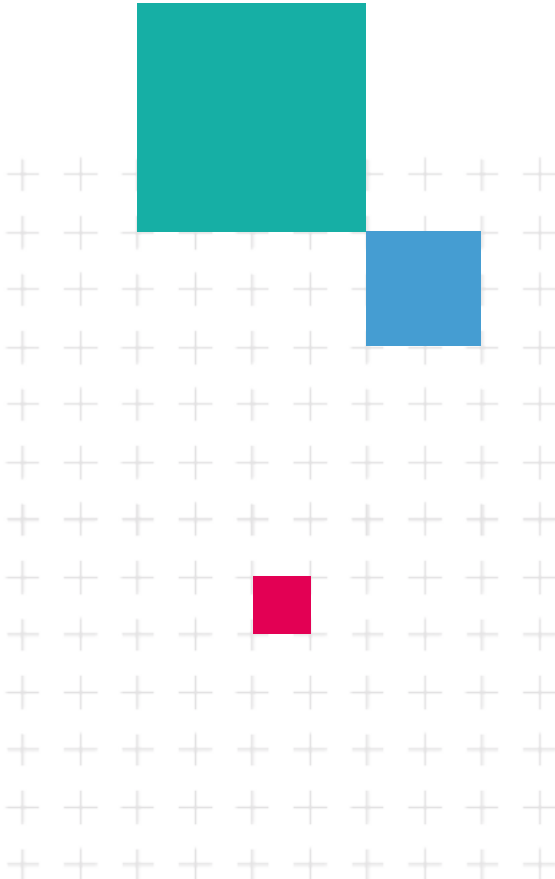
Safer caring

The focus of safer care has recently shifted with the aim of reducing bureaucracy and to 'normalise' the experiences of fostered children and young people. This training course has been developed to further explore the key themes in our publication 'Safer Caring: A New Approach'.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Consider the key themes in Safer Caring:
 - The role and status of foster carers
 - 'Risk sensible' not 'risk averse' approach to safer caring
 - Delegated authority
- Explore risk and harm in the context of this work.
- Support you to think how to keep your fostering household safe.



Understanding children's behaviour

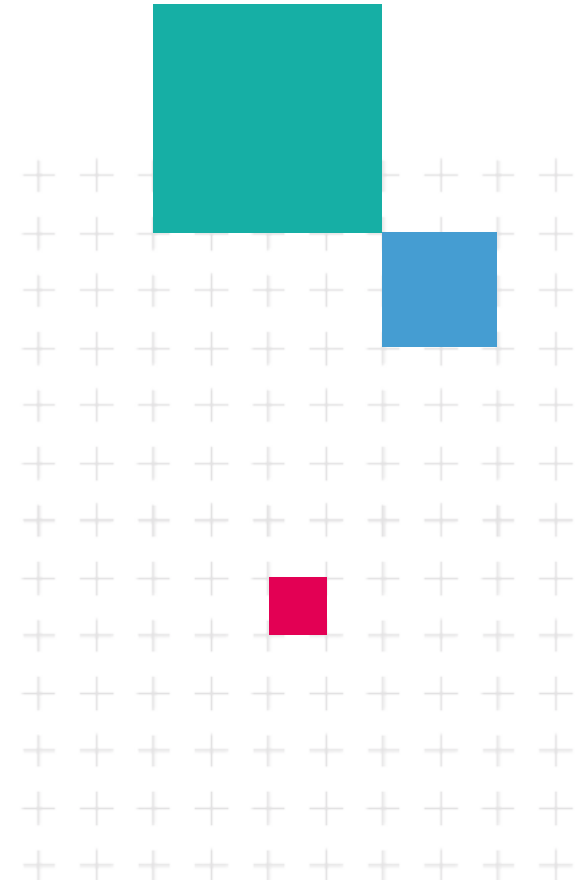
The aim of the training is to enable participants to gain a deeper understanding of the functional nature of behaviours by considering what the behaviour is communicating to us and to identify positive ways of responding.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

The course will enable participants to:

- Identify behaviours they consider challenging
- Assess the effectiveness of current responses
- Consider the significance of past events in relation to current behaviour
- Use the ABC framework of assessment
- Develop positive ways to respond to difficult behaviour
- Understand crisis intervention strategy
- Reflect on how they cope with personal stress



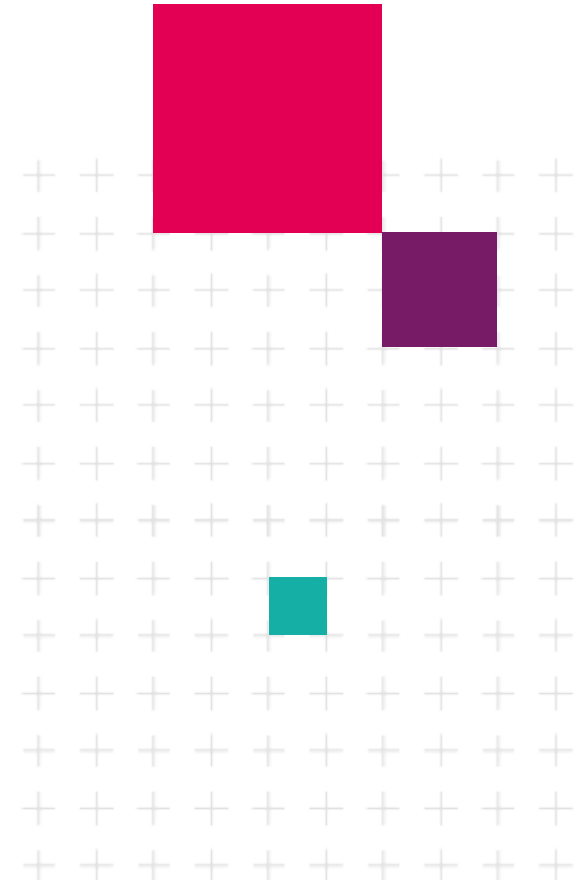
Attachment focused/Therapeutic parenting

This course will support foster carers who are parenting traumatised children. It will focus on how children's experiences impact their responses to parenting as well as their emotional and behavioural needs. There is a focus on empathetic and reparative parenting, through support and guidance. This training compliments our Therapeutic play course.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Learn more about the impact of early adversity on brain development.
- Understand attachment and child development in the context of traumatic childhood experiences.
- Identify techniques for building secure attachments with traumatised children.
- Explore a range of practical strategies to support traumatised children through daily life.



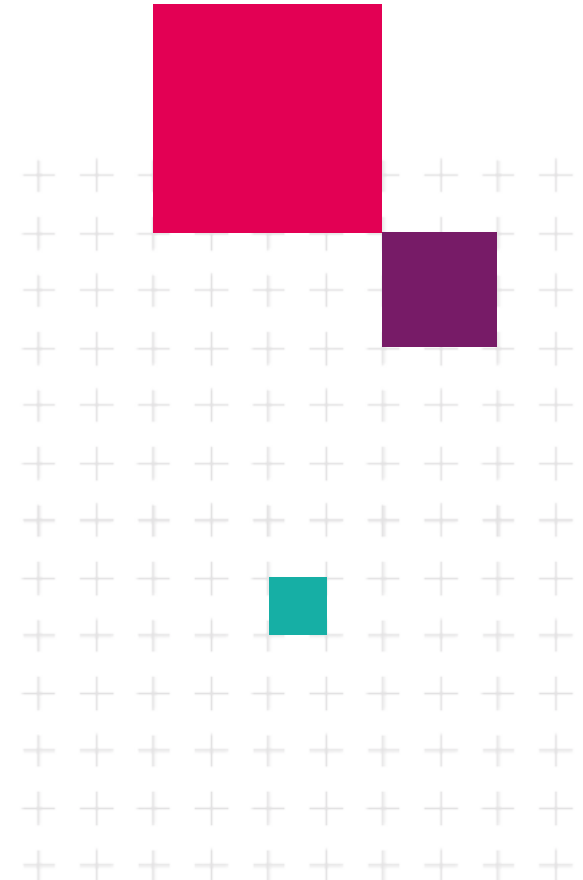
Caring for children who have been abused

This course will provide space for foster carers to explore the complex and sensitive issues involved in the care of children who have been abused, and identify ways to keep all the family safe.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Provide a clear framework to help participants understand the main issues about the abuse of children and young people, including the need to challenge myths and stereotypes.
- Help foster carers to develop ways of responding to the difficult behaviour and strong feelings that can result from abuse.
- Identify how foster carers can provide safe and caring homes for children who have been abused and protect them from further abuse.



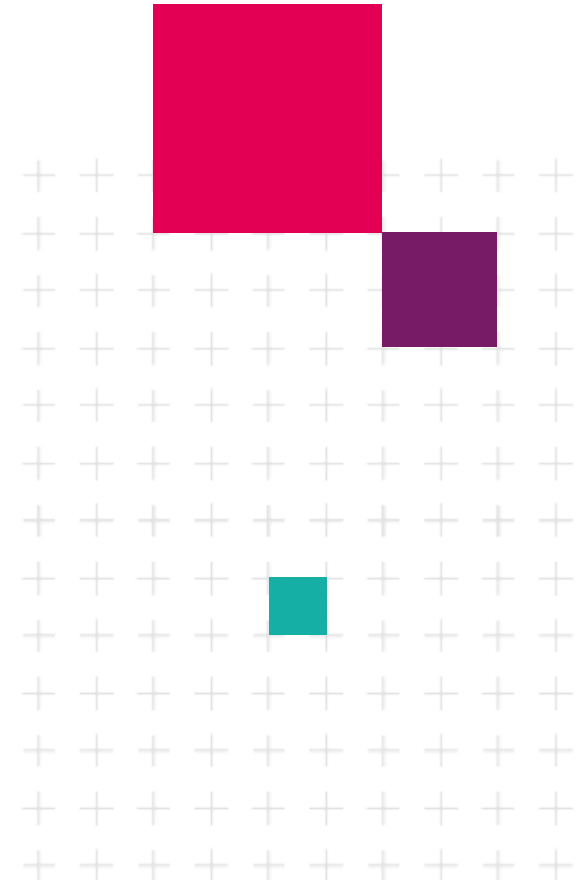
Caring for children who have been abused: a male perspective

This course will provide space for male foster carers to explore the complex and sensitive issues involved in the care of children who have been sexually abused, and identify ways to keep all the family safe.

Audience	Approved male foster carers and supervising social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Provide a clear framework to help participants understand the main issues about the sexual abuse of children and young people, including the need to challenge myths and stereotypes.
- Help male carers to develop ways of responding to the difficult behaviour and strong feelings that can result from sexual abuse.
- Identify how male carers can provide safe and caring homes for children who have been abused and protect them from further abuse.



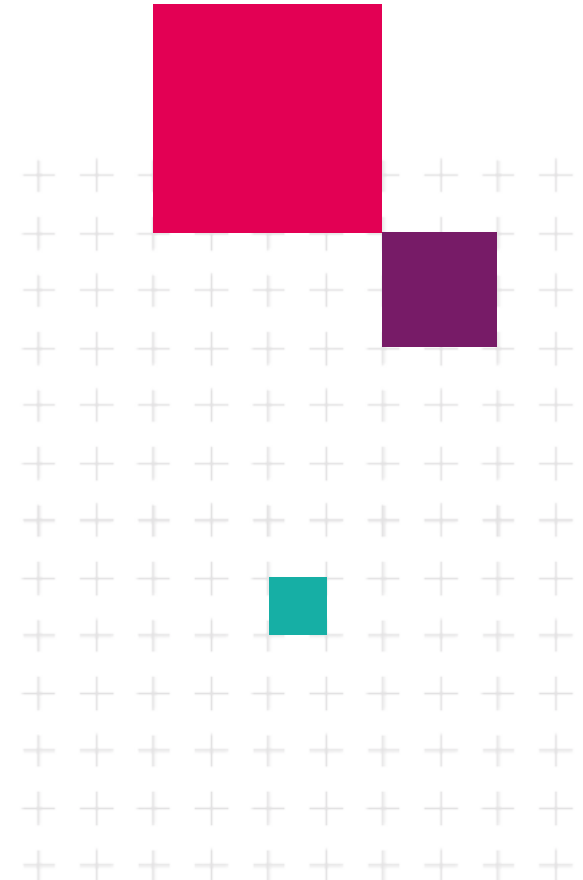
Emotional abuse and neglect

The purpose of this course is to ensure that people working with children and young people have a clear understanding of all aspects of Child Protection (including the legislative framework in their country) and the impact of emotional abuse and neglect.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Develop an understanding of how emotional abuse relates to all types of abuse.
- Recognise the signs of different types of abuse and neglect.
- Explore the Environmental Brain and impact of Maltreatment.
- Overview of the legislation and the Child Protection Procedures relevant in your country.
- Provide guidelines for recording and reporting suspected and/or actual abuse.
- Ensure that participants know what to do if a child discloses information about abuse.



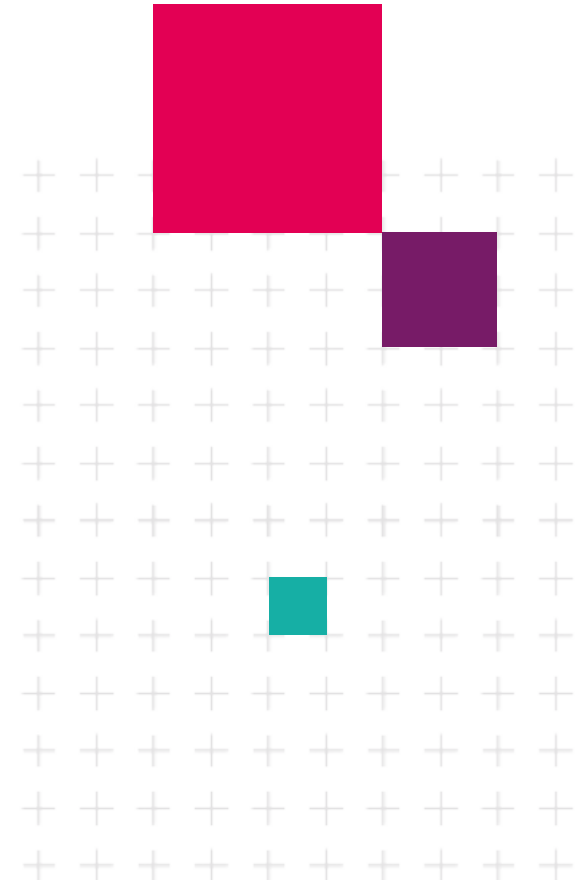
Life journey work

This course will consider the issues involved in using and continuing life journey work with children and young people and begin to develop additional skills to do this work.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Establish why life journey work is necessary.
- Explore the different feelings that life journey work can invoke in children, young people and the adults working with them.
- Consider an approach for continuing life journey books.
- Consider a range of methods for life journey work that reinforces a sense of belonging and permanency in the family while dealing with some of the difficult questions about the past.



Self care for foster carers

This interactive training will provide you with a pause, a space to take stock and to reflect on your wellbeing needs – an opportunity for self-care, ensuring that body and soul are together.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Understand Compassion Fatigue and its similarities with PTSD.
- Explore the PTSD cycle focusing on neurological response to trauma.
- Look at a range of self-management and self-care tools including grounding techniques
- Gain a thorough understanding Compassion Fatigue and its impact on fostering tasks.



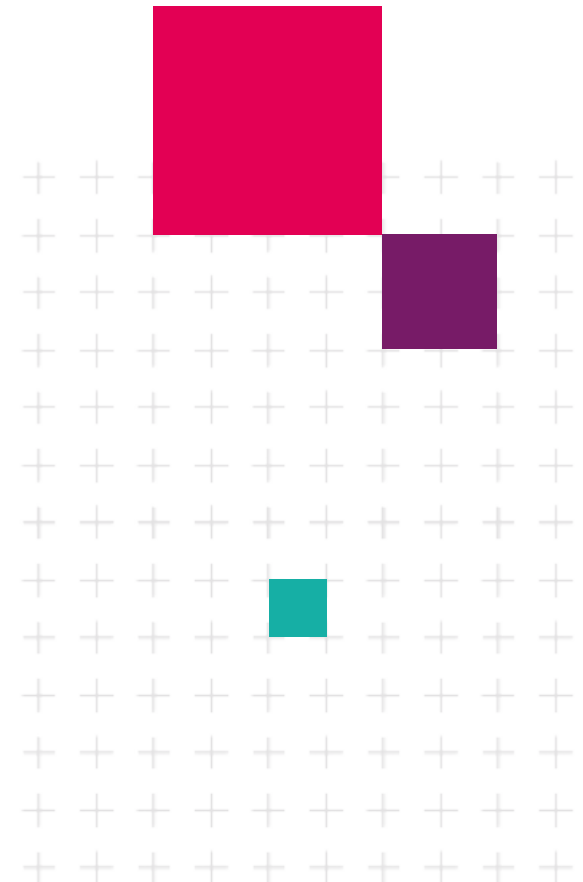
Men who foster /Men who care

This course is primarily for male foster carers as it provides a safe space in which to explore the challenges that men in particular face when fostering. Supervising social workers will also benefit from attending.

Audience	Approved foster carers, supervising social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Discuss how gender influences foster care.
- Highlight the unique position male foster carers hold; how they are supporting children to gain positive attachments and build healthy relationships with men.
- Consider the importance of safer caring and the role of men working with children and young people who have experienced trauma.
- Reflect on the emotions that fostering can evoke.
- Explore some of the challenges male foster carers can face.
- Consider why it is important to confront discrimination in practice.



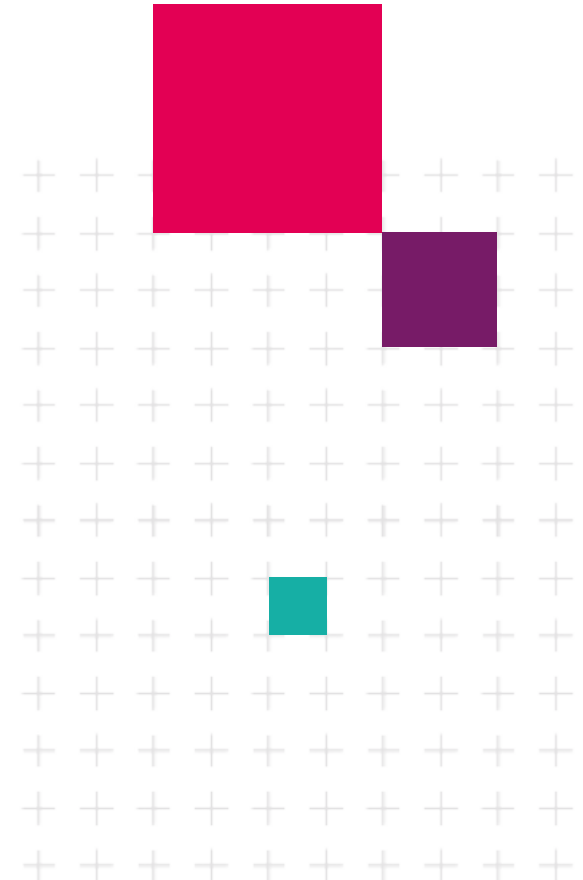
Supporting children moving to a new home

To ensure that the outcome of all moves is positive, the preparation of the child or young person is vital. For foster carers, this can arouse many, sometimes contradictory, feelings such as loss, relief, anger and guilt. How these emotions are managed will have a significant effect on the plans for the child. This course will enable participants to discuss different ways of preparing and supporting children and young people to move on; consider the impact of multiple moves on children and young people's lives; and will explore the feelings aroused when children and young people move on for foster carers and their families.

Audience	Approved foster carers, supervising social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Understand the range of reasons why children move on from fostering homes.
- Recognise the impact of transitions on the children and adults involved.
- Know how to help children and young people deal with their sense of loss resulting from change and help them prepare for moves.
- Consider your own feelings and how to manage them and those of your family.



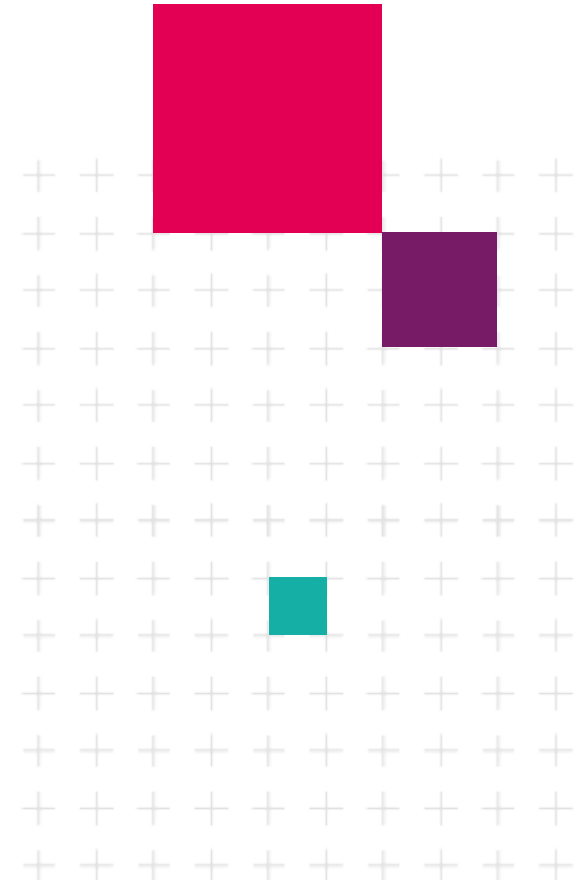
Moving into adulthood/Preparation for adult life

The aim of this course is to develop a greater understanding of supporting young people into adult life and review current practice when considering the arrangements. The training is presented within the context of legislation relating to post-18 living arrangements in England, Wales or Scotland.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Understand the legal duty on post-18 living arrangements.
- Discuss and share ideas to support good practice.
- Clarify the statutory guidance, good practice guidance and agency frameworks in your country.
- Identify finances that may enable a post-18 living arrangement.
- Consider emerging issues that arise between the transition from fostering to a post-18 arrangement.
- Review their own post-18 policy, procedures and practice issues for young adults, carers and social workers.
- Explore ways to support effective implementation of post-18 arrangements locally.



Introduction to non-violent resistance

This course will introduce participants to a range of non-violent resistance strategies and provide an overview of where these fit alongside other therapeutic interventions.

The training is designed to give participants the knowledge needed to decide whether NVR would be helpful in their family situation or families they are working with.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

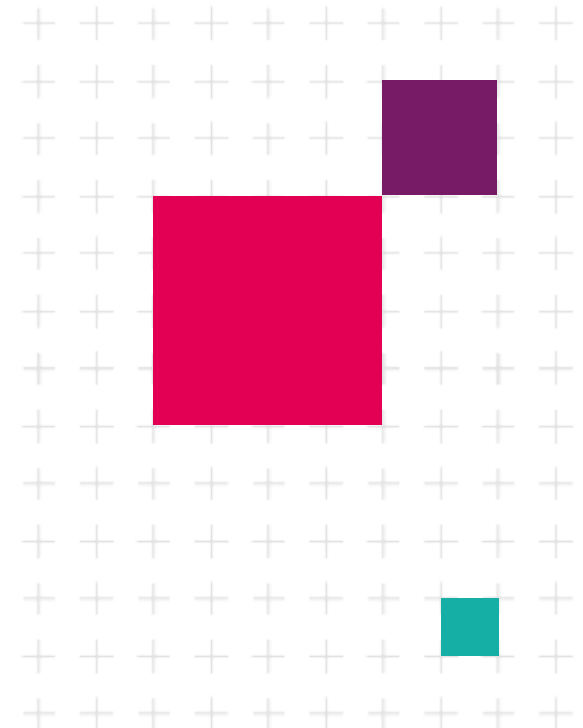
One day course:

- Provide an overview of the neuro/physiological issues that affect children and young people's behaviour.
- Increase understanding of where Non Violent Resistance sits alongside other therapeutic interventions.
- Gain knowledge of a range of Non Violent Resistance strategies.
- Understand the need for parents and carers to adapt their own behaviour in order to influence that of the children/young people they are caring for.
- Understand the need for parents/carers to look after themselves in order to be able to respond appropriately to the children/young people they are caring for.

Three day course option also includes:

- The importance of parental/carers presence.
- How to use the "basket" strategy to help prioritise actions.
- How to manage joint and complementary escalation.
- How to de-escalate situations.

- The importance of the NVR support network and how to recruit a network of support.
- How to use variety of parental/carers presence raising techniques including The Announcement, Sit-ins, Tailing and the Campaign of Concern.
- How to support siblings who are being treated violently or aggressively.
- A range of strategies to help parents/carers look after themselves.



Parent and child together

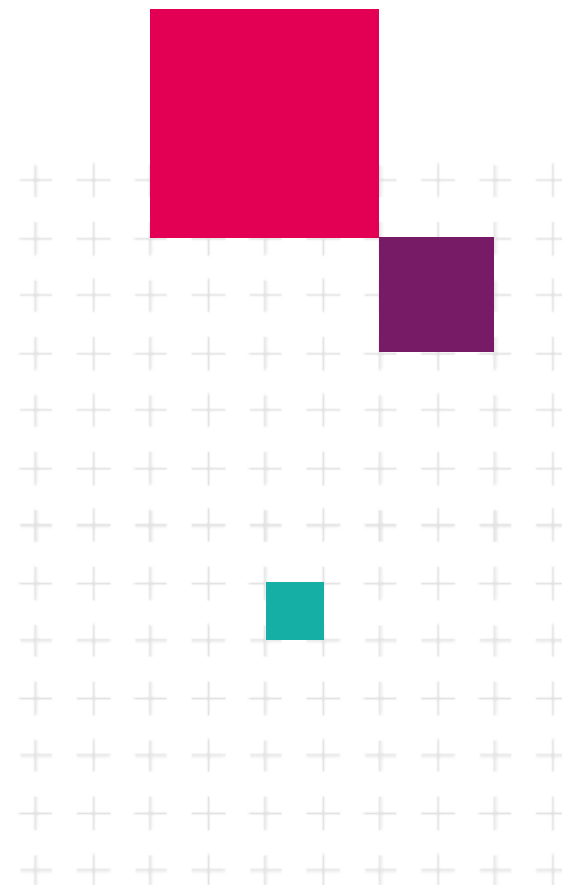
This course will equip foster carers new to Parent and child together fostering with the additional knowledge and skills to support parents and babies in foster care.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

Participants will have:

- An understanding of the aims and objectives of parent and child fostering.
- An overview of the legislation in their country
- An understanding of roles and responsibilities and procedures.
- Improved assessment and monitoring skills.
- Improved skills in recording and handling information.
- Improved skills in working with parents.
- Improved skills in working in partnership with other professionals and carers.



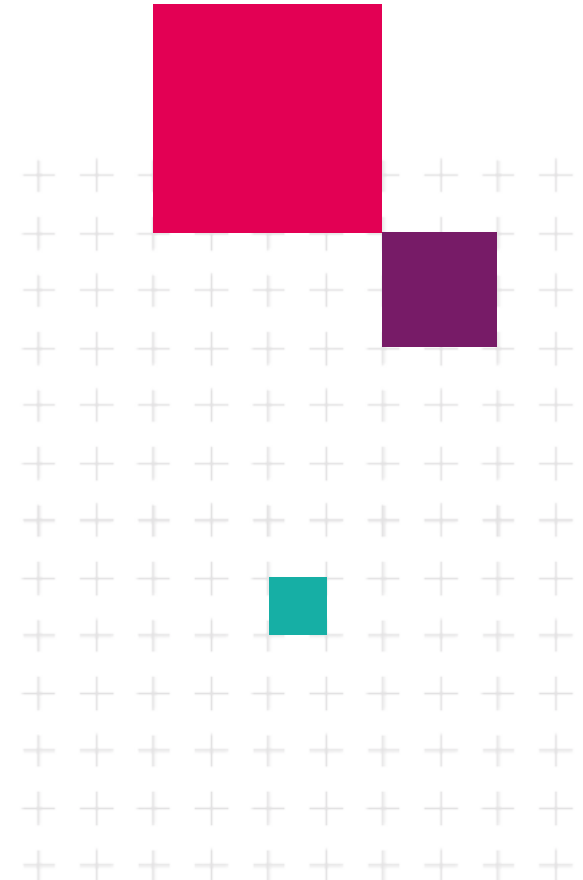
Record keeping for parent and child together fostering

This course will ensure that participants understand the difference between parent and child fostering; common misconceptions / miscommunications in roles and responsibilities and how this can adversely impact how we provide this type of fostering. We will explore how to avoid the challenges to form the basis of a successful working relationship and best-possible outcomes.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Know how to effectively manage the transition from a 'parenting support' to a 'parenting assessment'.
- Reinforce the importance of good record-keeping.
- Understand the origins and purpose of parent and child recording tools.
- Clarify how your recording fits into the wider parenting assessment.
- Better understand how to present our recording in order to support an assessment.
- Consider strategies to optimise recording documents to better facilitate the assessment process for all parties.



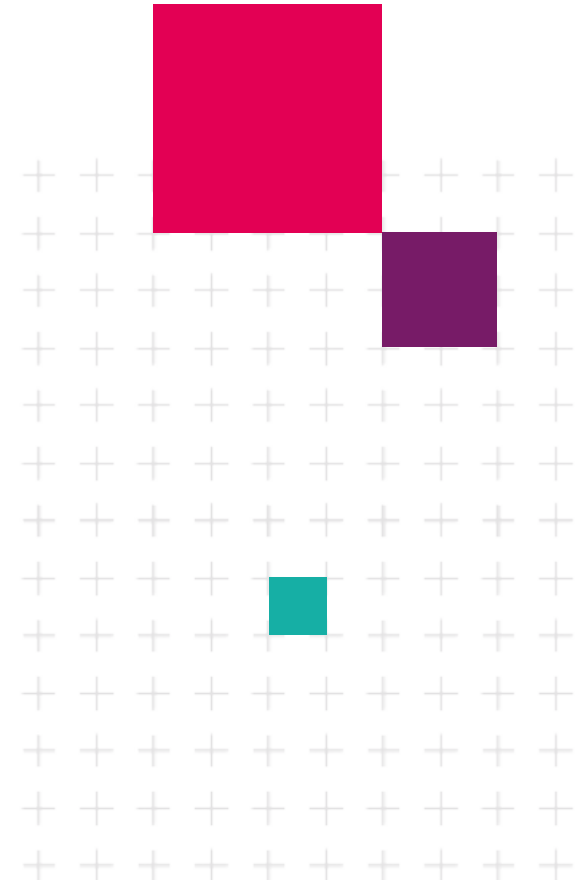
Relationship based play/Therapeutic play

The aim of the course is to provide a theoretical understanding of the benefits of therapeutic and relationship-based play, and to equip both professionals from the council and foster carers they support with the confidence to begin therapeutic play at home.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Explore the core concepts of Attachment and current brain research as a basis for providing relationship focused therapeutic play opportunities.
- Explore the role of the adult in children's play, along with the use of attachment focused and therapeutic techniques.
- Identify the four Theraplay® dimensions, and associated games that may be used at home.



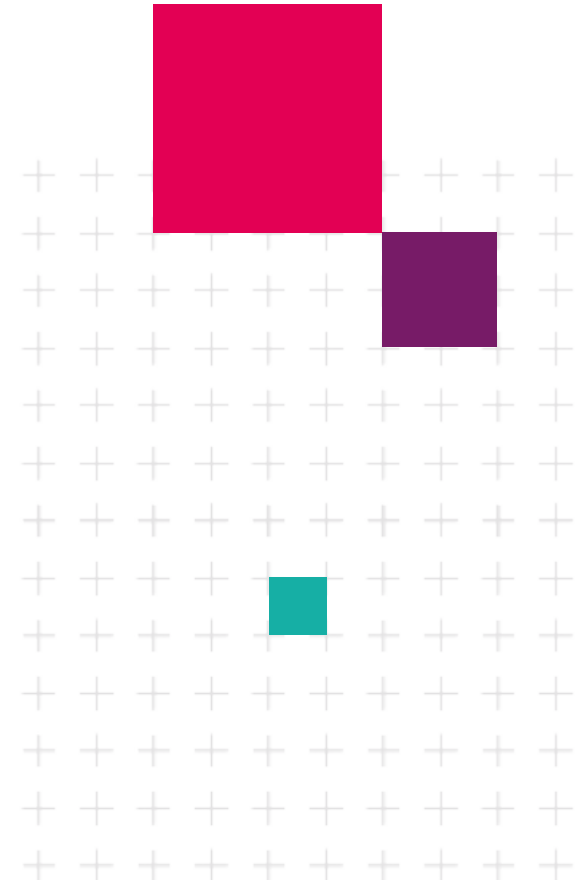
Secure base model

The course will provide an overview of the Secure Base model of attachment and explore it's implications for the care of children and young people who are looked after.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Develop the practitioner's knowledge of the Secure Base Model and competence in using the model during the assessment process.
- Prepare applicants in evidencing and analysing their potential to meet the needs of children and young people in each dimension.
- Support practitioners to understand and support carers in the use of the Secure Base Model as a theoretical framework in the development of secure attachment in children especially in terms of the security of belonging to and becoming part of a new family.
- Consider the implications for practice.



Teenage development and mental health

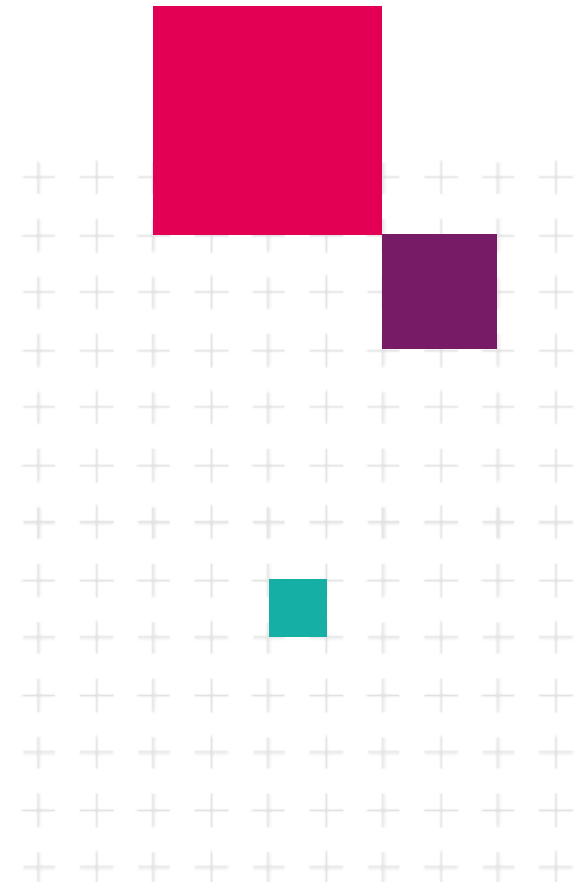
This course will introduce the teenage brain as adolescence progresses and explore what these brain changes mean for teenage development. The training will help clarify the difference between 'normal' development and mental health and look at how trauma can affect behaviours and relationships for a young person in foster care.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

By the end of the session participants will:

- Have a basic understanding of how the teenage brain develops and what physical symptoms this can be shown as.
- Be able to assess if something is 'normal' behaviour or may be leading towards a mental health concern.
- Gain practical tools and tips to use to help teenagers regulate their emotions.



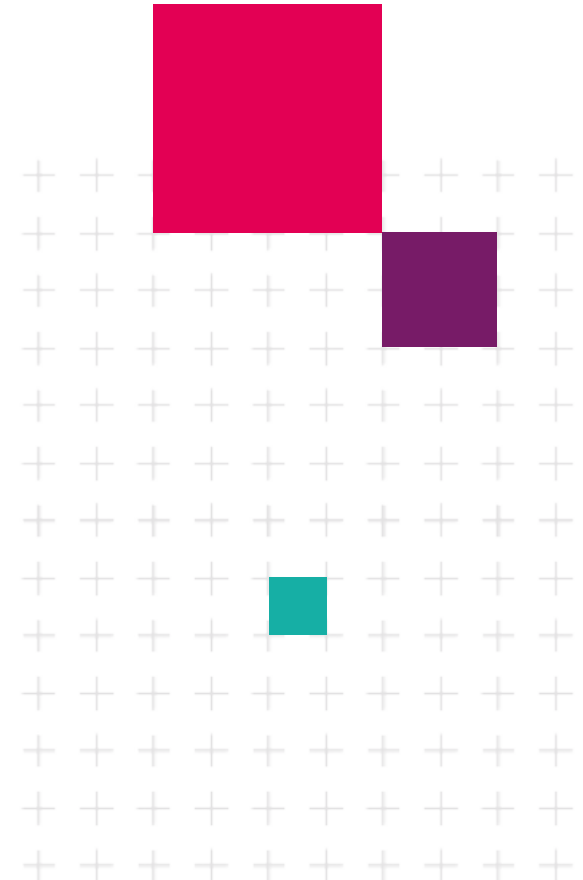
Telling children difficult information/ Sharing sensitive information

This course for foster carers and practitioners will help develop tools and techniques to communicate difficult information sensitively to children or young people in a supportive way.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Prepare and support attendees to be able to share sensitive information with children and young people, responding to their questions and providing follow on support.
- Generate ideas for creating the right environment for sensitive discussions while helping the child or young person to express and manage their feelings.
- Help develop a set of personal communication tools, skills and strategies to draw upon when sharing information.
- Explore ways to communicate in an age appropriate manner; taking account of a child or young person's developmental stage, emotional literacy and cognitive ability.
- Consider the impact of children and young people's past experiences on their ability to receive, process and communicate challenging information.



Unaccompanied asylum seeking children

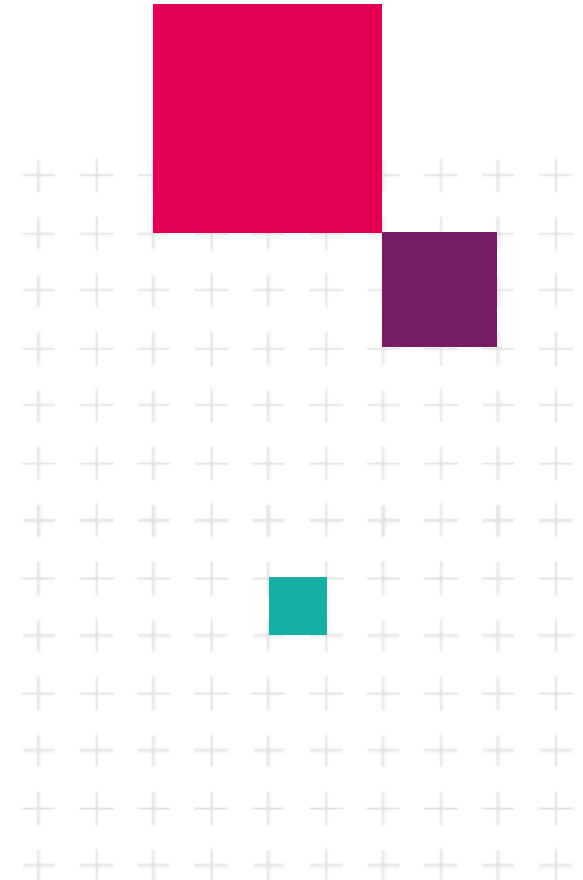
This course will provide foster carers, teachers and social workers with an overview of the issues concerning unaccompanied asylum seeking children and young people (UASC / UASYP) in England, Wales or Scotland.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

During the workshop participants will:

- Learn about the asylum process.
- Explore why children and young people leave their home country.
- Understand the implications for asylum seeking children and young people.
- Increase sensitivities towards the emotional, physical and educational needs of asylum seeking children and young people.
- Develop skills in meeting the needs of UASC and UASYP.



Making permanence work: long term fostering

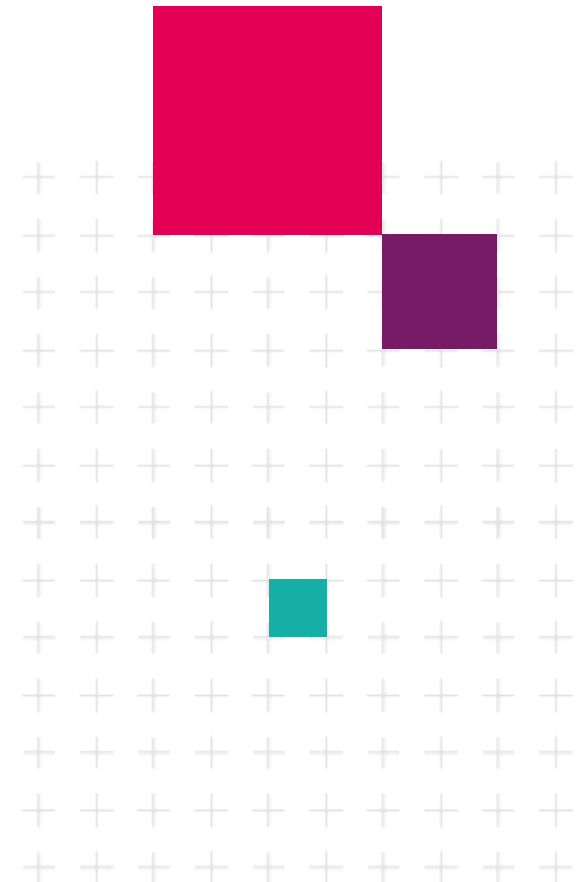
This course will provide an overview of the definition and legislative context of permanence and long term fostering and staying put. It will explore ways of achieving a successful long term fostering placement.

Audience	Approved foster carers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

During the workshop participants will:

- To improve understanding of long term fostering.
- To increase knowledge of the legislative context.
- To consider the implications for local practice in your fostering service.



Agency decision maker (England)

This course will provide a comprehensive overview of the Role of the Agency Decision Maker in England, exploring legislation, learning from the IRM and Oftsed to provide guidelines for best practice.

Audience	Team managers, Supervising social workers, Agency decision maker
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Increase confidence for decision makers in carrying out their role.
- Understand how to make decision making compliant with current legislation and case law.
- Consider the practice implications of this work.



Annual reviews (England)

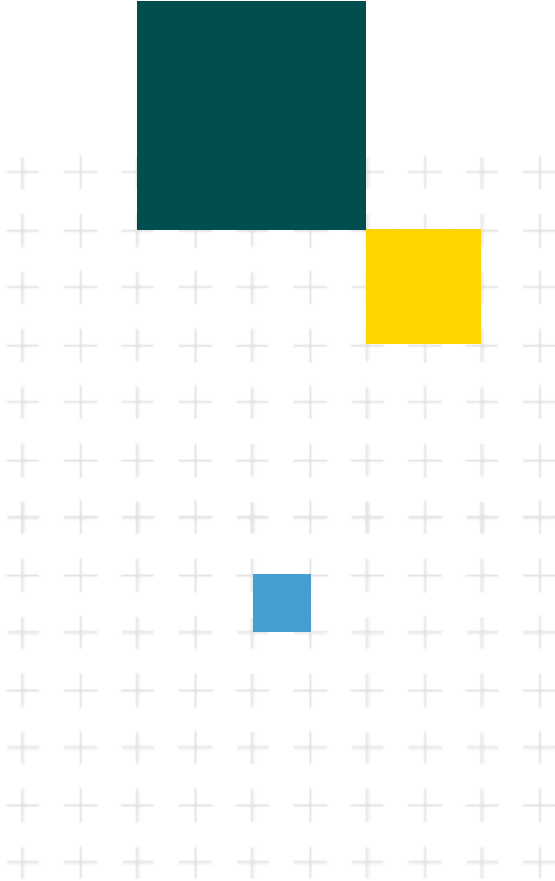


This course will provide fostering services with a robust framework for reviewing a foster carer’s terms of approval in accordance with appropriate legislation, fostering regulations and guidance.

Audience	Panel members, supervising social workers, team managers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Understand the legal and policy framework and the role of foster carer reviews in safeguarding children and promoting the quality of foster care.
- Consider circumstances in which a foster carer review should take place.
- Explore different approaches and identify key components of good practice.
- Identify service and personal action plans to support best practice.



Care planning and permanence

By the end of the training, participants will be familiar with the care planning options available and the relevant legislation they fall under.

Audience	Team managers, supervising social workers, children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Participants will be able to evidence why they are progressing a particular care planning route.
- Participants will be able to effectively demonstrate the outcomes for children and young people.
- Participants will be able to identify the key supports needed to make this plan achievable.



Fostering regulations and minimum standards

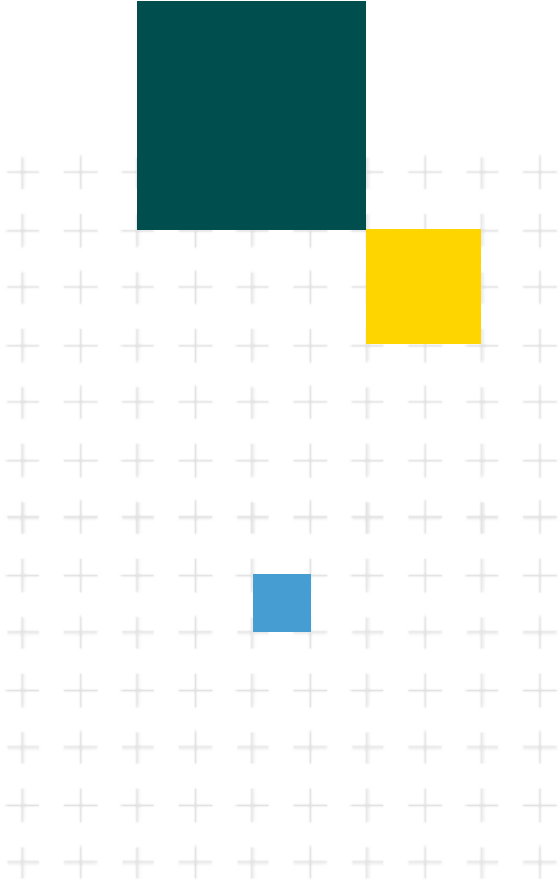


This training will provide an overview of the most recent Fostering Regulations, Guidance and Minimum Standards so practitioners have a good working knowledge of the legal framework in their country.

Audience	Team Managers, supervising social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Review the key components of the regulations and the differences between the new and old regulations.
- Have an opportunity to explore the practice implications of the new regulations for their own agency ,fostering practitioners and foster carers.
- Consider the role of the regulations in supporting children's rights and quality outcomes for children and young people in the care system.



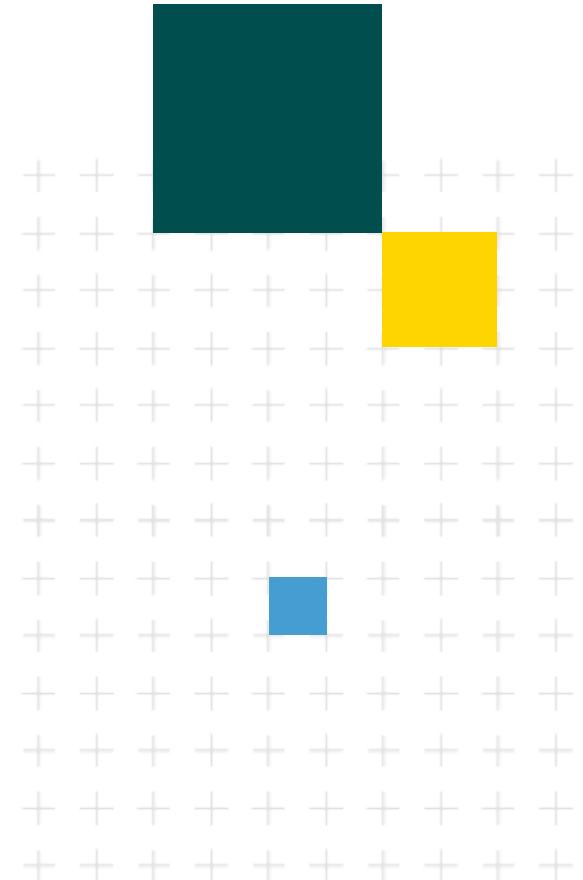
Supporting sibling attachments

This course will explore the impact of adversity and family dynamics on sibling relationships and reviews a variety of ways to support the attachment between siblings placed together or apart.

Audience	Supervising social workers, Children's social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Explore how decisions are made about siblings being placed 'together or apart'.
- Consider the benefits and challenges that care experienced children have in their sibling relationships.
- Explore how foster carers may support siblings to rebuild, recover and strengthen their relationships.



The role of the supervising social worker

This training will define the role of supervising social workers within the context of the National Minimum Standards for fostering services in England, Wales or Scotland.

Audience	Team Managers, Supervising Social Workers
Delivery options	One or two day course
Delivery mode	In person or virtual / blended

Learning aims

- Enable participants to explore their supervisory role within an anti-discriminatory framework.
- Enable participants to gain a better understanding of their role within the national standards in foster care.
- Consider the function and responsibilities of supervision.
- Identify ways of supporting carers within a supervisory relationship to ensure that children in foster care receive high quality care.



How to run a good foster care support group

This training provides an overview of how to approach the setting up, resourcing and maintenance of foster carer support groups.

Audience	Approved foster carers and supervising social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Consider what makes a good foster care support group.
- Increase understanding of the role of the facilitator.
- Raise awareness of group processes.
- Explore difficulties that arise when running groups and strategies for dealing with them.



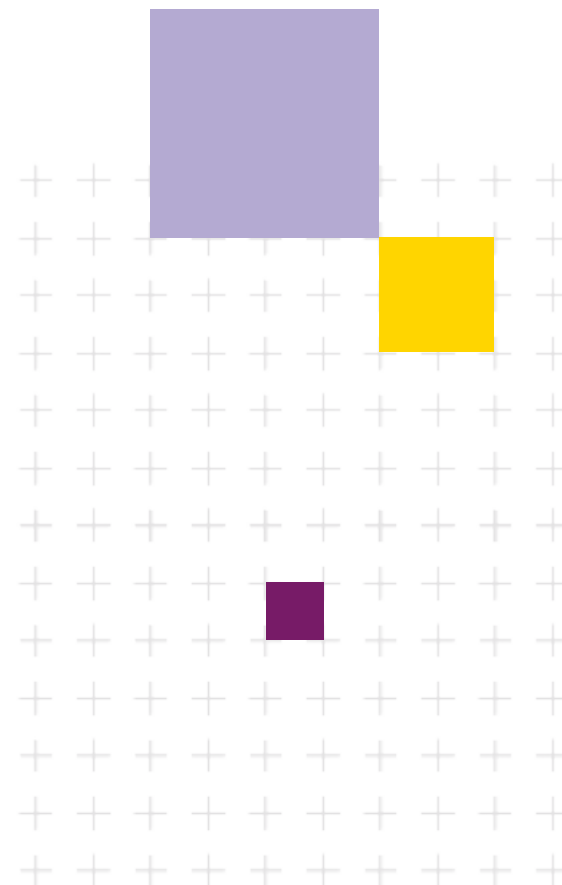
Peer mentoring schemes

This training will provide an overview of what's involved in establishing and maintaining a peer mentoring scheme for foster carers.

Audience	Approved foster carers, Supervising social workers
Delivery options	One day course
Delivery mode	In person or virtual / blended

Learning aims

- Understand what peer mentoring is and your role in it.
- Appreciate the stages in the mentoring process.
- Learn and practise the essential skills of a mentor.
- Identify potential problems and possible solutions.



Core, post approval, therapeutic and practitioner only courses

All training is delivered by a lead trainer, with support from the Learning and Development team where needed. With the growth and convenience of online delivery this has become our default offer, however we know that for some courses in person training is still essential either for some of the practical elements, or to intentionally create points of connection for newer carers or practitioners.

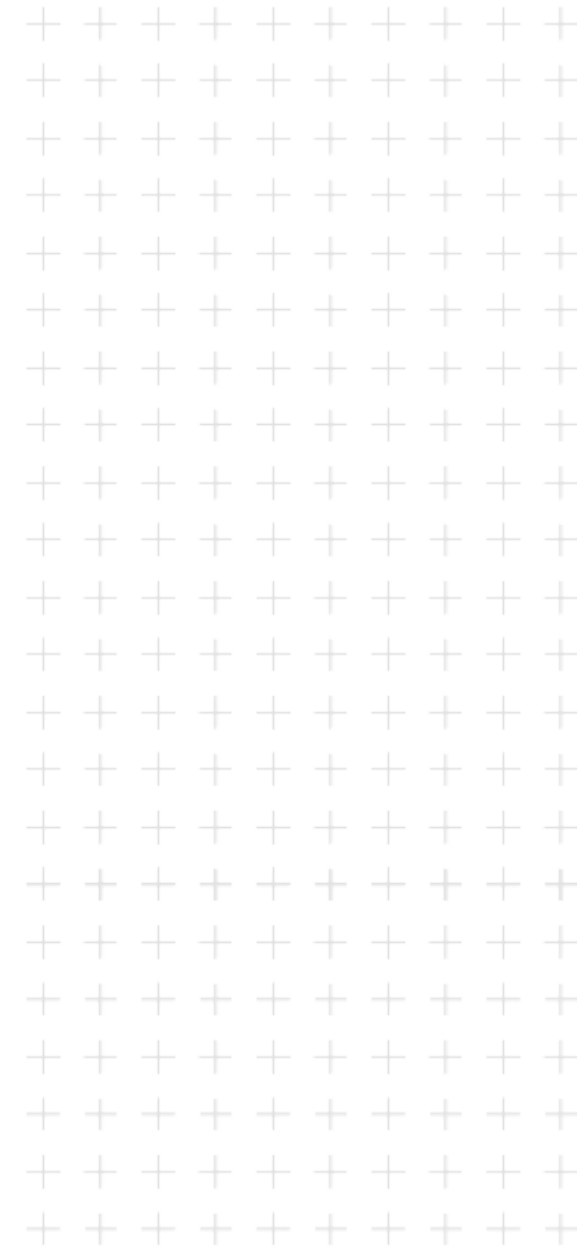
Type	Members	Non-members
One day training	£1,020 + VAT	£1,326 + VAT
Two day training	£1,950 + VAT	£2,535 + VAT
Three day training	£2,950 + VAT	£3,835 + VAT
In person training	Add 15 per cent to virtual rate	
Additional trainer	£550 + VAT per day	



Skills to foster train the trainer

The Skills to Foster: Train the Trainer is a three day training, delivered by two trainers, predominantly remotely.

Type	Members	Non-members
Virtual	£2,950 + VAT	£3,685 + VAT
In person	£4,238 + VAT	£4,595 + VAT



About The Fostering Network

As the UK's leading fostering charity and membership organisation, we are the essential network for fostering and we bring together everyone who is involved in the lives of children in foster care. We support foster carers to transform children's lives and we work with fostering services and the wider sector to develop and share best practice.

We work to ensure all fostered children and young people experience stable family life and we are passionate about the difference foster care makes. We champion fostering and seek to create vital change so that foster care is the very best it can be.



thefosteringnetwork



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thefosteringnetwork.org.uk

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