

FOSTERING in Scotland

Special edition: led and written by young people

Issue 63
Autumn 2018



SUPPORTING
year of young people
bliadhna na h-òigridh
2018

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Hello everyone



Welcome to this special edition of our autumn newsletter. This edition has been led by young people who have written and edited the articles as part of the Year of Young People.

The drive and commitment of the young people has been inspirational, and we are pleased and proud to support the Year of Young People 2018 here at The Fostering Network. Please share this with the young people in your household/ that you work with. We hope it inspires you too, highlighting the opportunities available to young people in your area. As ever, remember to take a look at the dates for your diary section on the back page as a reminder of our upcoming training and events.

Now over to the young people...

Sara

Sara Lurie
Director for Scotland



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Welcome to all

My name is Amy Davidson and I am one of The Fostering Network's young champions. I also sit on The Fostering Network's Scottish Advisory Committee.

Our project activities draw to a close this year and since it is the Year of Young People we as a group have decided to write the newsletter this time!

So what is the Year of Young People? The year long activities and events are focusing on six themes that young people identified as most important for them as young Scots:

Participation – looking at how young people can influence public services and decisions which affect their lives.

Education – creating a stronger role for young people in shaping their learning.

Health and wellbeing – supporting young people to lead healthier, active lives and have opportunities to learn about and improve their mental health and resilience.

Equality and discrimination – broadcasting the value of young Scots, challenging negative perceptions of young people, and supporting young people to take leading roles in challenging discrimination in all its forms.

Enterprise and regeneration – celebrating young people's role in innovation, entrepreneurship and the Scottish economy as well as making Scotland a greener and more pleasant place to live.

Culture – celebrating young people's talent and contribution to Scottish culture and arts.

Through working with our young champions, The Fostering Network has shown that working alongside



children and young people has a significant and positive impact on the way strategic decisions are made. This includes days out and organising meetings to speak and meet with young people to gather their views.

Being a young champion has given me the opportunity to share my voice. Not just in decisions and rule making that affects children and young people, but this is why I am so proud to sit on the advisory committee. Having my voice heard and listened to is something that fills me with confidence that their support will continue on, not just for the duration of the Year of Young People, but for years to come.

Kind regards

Amy

Playing the game

My name is Aiden and I am 12 $\frac{3}{4}$. Before I came to live with my foster carers Sara and Dave I hadn't done any real sports. I used to run about with my friends and go on my bike around my street, but I had never done any long distances.

Now I am in a football team, a member of the gym, and I go on long distance bike rides at the weekends.

My football team is in a local high school - it's been really good for me to make friends there and I feel part of the team. I prefer playing striker or right back. We practice for one hour every day, this makes it easier for us to be better players and we do different types of exercises. All the practice paid off as we won our first game 3-0! Dave came to the match with my teacher. I liked that they were there to see us win.

I go out with Sara and Dave on our

bikes. Not long ago I cycled 20 miles, all the way from Stirling to Balfron and back. It took an hour and a half and when I got off my bike my legs felt like jelly. But I can't wait to do it again, and I think I can do more. I really want to do a triathlon next year. I'll just need to keep on practising.

Sara and Dave definitely got me involved in sports, they always come with me and encourage me to try new things. I even go to a bootcamp on a Saturday where we do lots of different sets of exercises. I like seeing what other people are doing and this makes me want to do more.

The good thing about doing different sports is getting to interact with lots of people, I don't really like watching sport, I prefer to be out playing it.

I'd like to say to anyone thinking about getting into sports - give it a



go! There is a sport out there for everyone; it doesn't need to be hard, it just has to keep you active. And to any foster carers - you should encourage children and young people to try out new sports and go with them. If it wasn't for Sara and Dave showing me what's out there, I'd probably just be playing my X-Box and I wouldn't have had all these new experiences.

Check out your local council website for classes and team clubs.

The power of a playlist

Hi, my name's Jak. Being a student nurse, I have seen first hand how important it is to know and talk about mental health. Mental illness is something that will affect everyone during their lifetime - whether they're affected directly or someone they know is affected. All student nurses are now being educated about mental health/illness regardless of what speciality they're in, and I feel that all industries and professions would benefit from basic mental health training. I would love to see more mental health training become available to everyone, and so it is important that people speak out about mental health and the need for it to be taken seriously.

That is why I am so excited about the new app launched in September by See Me. See Me is Scotland's national programme to end mental health stigma and discrimination, enabling people who experience mental health problems to live fulfilled lives.

To help young people to speak about how they are feeling, they launched

<https://feelsfm.co.uk/>. The online emoji powered jukebox, created as part of the Year of Young People, is designed to help young people express their feelings, use music as a positive coping strategy, and find new ways to talk about mental health stigma. Young people can pick an emoji that represents how they feel, then Feels FM will make a playlist that reflects that feeling.

It is a great way for the adults around the young person to start a conversation about how they are feeling - and you get to listen to some pretty cool music.

For more information, follow See Me on Twitter and Instagram [@seemescotland](https://twitter.com/seemescotland) or [Facebook/seemescotland](https://www.facebook.com/seemescotland), or visit their website [seemescotland.org](https://www.seemescotland.org)

Bullying can impact on a child or young person's mental health. Very often, children and young people are reluctant to tell adults that they're being bullied. This might be because they are scared of an over-reaction, they don't want to burden parents/



carers if there are other things going on in the family, they're embarrassed, or they are worried that telling might make the situation worse.

Respectme is Scotland's anti-bullying service and works alongside SAMH (Scottish Association for Mental Health). They work with the adults involved in the lives of children and young people and give them practical skills and confidence to deal with children who are bullied and those who bully others. If you are worried about a child or young person you know, you can access free training across Scotland. All information about training dates and further resources are available on their website [respectme.org.uk](https://www.respectme.org.uk)

Our young champions interview Maree Todd MSP



Three of our young champions – Sophie, Adam and Amy (see picture) – were delighted to have the opportunity to interview Maree Todd, the Minister for Children and Young People, at the Scottish Parliament.

Can you tell us a bit about your role as Minister?

Well I have the best job in government! Most weeks I get to go out and meet children and young people all over Scotland. I have a huge amount of responsibility covering lots of areas concerning children and young people, including looked after children. This job gives me a chance to make a real difference and a real difference to some of the most vulnerable people in Scotland. It's tough being away from my own family, but one of the best things is having the privilege to get out and meet lots of "doers".

We welcome Continuing Care and as young people have all been able to stay with our carers. This has been great to give us stability and security, but we know this isn't the case for all young people and practice varies across the country. What can you do to address this inconsistency and enable more young people to stay with their foster carers beyond the age of 18?

We are monitoring this issue very closely and we know we are not getting it right for every young person right now. We are making really bold movements. We have asked to hear from at least 1000 young people this year and this will hold us to account. It is important we hear from the young people directly as it brings the data to life. Young people have the entitlement to Continuing Care. It is important that their rights are respected and important to know where they can turn to should they not be. We know it is not a one size fits all and there are differences between the local



authorities throughout the country. But, if we start from a point of being person centred and understanding people's rights then I think we will get it right more in the future. Every MSP should be aware of the issues and tackling it in their localities.

Children and young people are missing out on vital mental health support, how can the Government ensure this is changed and that the changes are implemented quickly?

I worked within mental health services for 20 years before becoming an MSP, so this is a real passion of mine. We recognise that the support has not been good enough. More people are accessing CAMHS (child and adolescent mental health services) now than ever before, but there are still very long waiting lists and that isn't good enough when you are waiting for support. One of the problems is the previous focus has been on CAMHS and not enough on early intervention. As a government



excited to hear that the voices of children and young people are being heard loud and clear throughout the process. The power of these voices to hold people to account is vital and it will benefit the individuals and agencies involved as well as the nation in the future. I am confident there will be real and genuine change that comes from the review. This review is very different to all other reviews that have preceded it. And there is no doubt that children and young people are at the heart of it.

we have committed to funding more counsellors in schools for example. We have a task force within Government which is determined to make an impact quickly, so that children and young people receive rapid help and do not have to wait until crisis point. It is important that we learn from areas which have good practice and to learn from them and roll that out across the country.

How do you feel the Year of Young People is going?

I have loved it! It is a global first for a country to devote a year to celebrating young people and give them a platform to shine. I have seen young people be empowered throughout the country, through organising events for example. There has been real co-production, it has not been tokenistic but young people have been at the heart of the planning and decisions in a variety of strands. The impact on the young people taking part has been invaluable and I think as a nation we will really benefit, as these young people are going to grow up with these new skills and empowered to make a real difference.

There is a lot of rich learning going on within lots of organisations which have been consulting young people and making changes on their advice.

How do you feel the care review is progressing and has anything stood out for you so far?

The first thing to say is this care review is very independent from Government. It is part of my portfolio but it remains independent. I think the team involved is very talented and dynamic. I have been very

We know that sometimes foster carers don't have the authority to make decisions on day to day issues. What can we say to children and young people who are missing out and made to feel different from their peers?

This is such a common concern and it is definitely coming out in the care review, and it is something we want to make a difference to quickly. We need to get a better understanding of the level of variation throughout the different services. There can be good reasons for variations, but we need to know if some policies are in place just because it has always been that way.



Amy Davidson
@amy_davidson14

A warm welcome from @MareeToddMSP. We were delighted to be told "the power of your voice really makes a difference". @marvellousadam @henderson_sophh @tfn_sara @suemckellar @fosteringnet



And if anything is happening that is not in the best interest of the child or is disempowering to foster carers, then we need to challenge that. We are not going to wait till the care review is published to make changes, we can start to make changes much sooner on their advice. We really value the service that foster carers provide and anything we can do to help and support carers, we are keen to do.

The young champions are a mixed group of care-experienced young people and the sons and daughters of foster carers. As October is sons and daughters month we wonder if you have a message for sons and daughters across Scotland?

I love that you are a mixed group and that you are recognising the important contribution that sons and daughters make in fostering families.

They are a vital part of how children and young people settle into the family and feel loved. It is great that this month The Fostering Network celebrates their role and the Scottish Government want to thank them for their important contribution.

Maree Todd

'I have been very excited to hear that the voices of children and young people are being heard loud and clear throughout the process. The power of these voices to hold people to account is vital'

Update on the care review



I'm Adam, another young champion. I hope you are all spotting a theme for this newsletter. I've been involved with The Fostering Network for around 18 months now, and I have had so many opportunities thanks to it. I hope you have seen some of these through the newsletter.

I also have the amazing privilege of working at the independent care review as the co-chair of the **health and wellbeing** work stream. I'm going to explain how I got involved with the care review and why I think it's important that you do too, and that you encourage others to get involved.

I had the pleasure of meeting Fiona Duncan, the chair of the care review (appointed in February 2017 by the First Minister) at the premiere of our young champions' film around stigma, held at the Scottish Parliament. This was my first ever event with the young champions and was actually my first experience of meeting the group of other young people I now call friends. Fiona's approach to us sums up how the review was going to go in my eyes, with genuine interest, care and love.

Last September, I attended a '1000 voices' care review event, which was in Napier University where lots of young people attended to have their opinions heard. What really struck me was that no matter your voice there was a way of accommodating it. We sat around a table, 12 young people who had never met before, with some modelling clay and learned about the things we had in common, our differences, but more importantly about how we wanted the review to listen.

Then I had a lovely meeting with Fiona over coffee after graduating and she explained more about the care review, how it was going and where it would ultimately end up. The care review is broken up into four stages: **orientation, discovery, journey** (the present stage) and **destination**. The care review's journey stage began in June and it will last right through until next autumn.

The journey stage features 10 work streams that are all focusing on areas directly related to care experience and therefore the 'care system'. Each of these groups is co-chaired by two people who bring a unique blend of care experience, knowledge and professional experience and will have a diverse mix of members. I'm one of the co-chairs and there is more information about who the co-chairs are on the care review website carereview.scot - you get to see my lovely face and the others as well!



Together the co-chairs and Fiona are called the **journey** group and we have met twice over the summer and will continue to meet monthly. The voices around the table are inspiring and it is humbling to know that I am going to be on this exciting ride with all these amazing people.

The note of the meetings will be posted on the website as soon after the meeting as possible so you can read all about what we have been talking about.

The care review needs and wants you all to shape the conversations we will be having. Over the last 18 months the review has listened to thousands of voices but more are needed. Over the coming year, the care review will be travelling all across Scotland offering lots of ways to get involved and share your voice. Plans include events and workshops, visits to groups and one-to-one meetings.

If you have ideas about how you would like to take part please email info@carereview.scot and you can tweet [@thecarereview](https://twitter.com/thecarereview) or [@fionacarereview](https://twitter.com/fionacarereview)

The care review is really interested in improving how news and progress is shared in interesting and creative ways, so it is recruiting a group of talented individuals called '**creatives in residence**' that can help the review communicate in different formats such as writing, poetry, rap, film and photography.

The task ahead is challenging, which is why the care review really needs the support and input of as many people as possible. Your involvement is crucial to its success and I really hope you will get involved. For more information, visit carereview.scot/get-involved/

Message from Fiona Duncan, chair of the care review

'I'm really delighted that The Fostering Network is devoting this issue of the Fostering in Scotland newsletter to the young champions.

'Year of Young People 2018 gives Scotland an opportunity to really celebrate the contribution of our young people, and since the independent care review launched early last year the young champions have contributed a huge amount of knowledge, experience and insight. I've really enjoyed getting to know them and hearing what they have to say about the future of care. Their views are having a profound impact on the work of the review and I am enormously thankful.

'My hope is that beyond 2018 Scotland will continue to listen to and value infants, children and young people.'



Positive drama



I'm Lauren, one of the young champions (pictured with Dr Louise Hill, CELCIS). Acting and music have been a massive part of my life, to the point I can't remember a time I wasn't putting on some kind of show for family and friends anywhere I could. Any other time I was a bit of a wallflower, so acting was my escape to be anyone I wanted - even if that person was more confident than me. However my own confidence grew and the passion I have for acting and music became more serious. Many years later, I am now a professional actor and musician and it has completely changed my life.

As a young champion I am very proud to be able to help and support young people in care; and this includes encouraging care-experienced young people to follow their own passions.

The Citz Project can definitely help to do that. The Citizens Theatre has teamed up with CELCIS to create an amazing opportunity for care-experienced people aged between 18-26 to develop their creative talents in whatever way that might be. They offer everything from acting, set design, make-up academy, costume, lighting and sound, to writing, directing, producing and marketing.

The project began their workshops in September for around 40 young adults with the aim of having weekly rehearsals to develop a professional play.

Their performance will be shared with audiences all around Glasgow and the rest of Scotland.

Finally this amazing group of young adults will then get a chance to lead their own workshops within their communities and become mentors themselves, creating opportunities for more care-experienced young people to follow their creative passion.

My hope for this project is that it helps young people become more confident in themselves. Be a decision maker, think outside the box, get your own story across, learn skills that you can transfer into other industries and above all have fun!

Helping young people find, grow and use their talents



MCR Pathways is a school-based mentoring programme which supports those in or on the edges of the care system to realise their full potential through education.



My name is David, and I was in foster care from age four to seventeen. Before I met my mentor, Mandy, in S3 I found school boring, depressing and lonely. I was nervous when first approached about getting a mentor. I didn't know who I was going to meet, so I didn't know if I'd like them and didn't know if they would like me, or if they would understand my sense of humour. So it was just something that I threw myself into. I don't know what the system is, but the mentor that I got was the perfect one for me.

We could relate in a way. We didn't have the exact same personal experience but it was similar. I'm not a person to speak about my past to a lot

of people that I don't know, but I felt comfortable talking about it with someone who kind of shared the same experience.

I have now left school and begun college in Glasgow. My mentor helped me with my confidence in school, and she helped me find a college placement.

MCR Pathways is keen to encourage foster carers to consider whether they could take on the role of mentor. Mentors come from all walks of life, but share a desire to help young people find, grow, and use their talents. For more information, go to mcrpathways.org/get-involved/

Stand Up For Siblings



Amy and her brother Sam

Stand Up For Siblings is a collaboration between a number of child welfare, children's rights and legal organisations and academics within Scotland, including The Fostering Network. They share a collective concern that children who face adversity greatly value their relationships with siblings, yet often these relationships become disrupted when children come into public care or when courts intervene in children's parenting. They believe that more can be done to protect the rights and promote the wellbeing of siblings in such circumstances. This will require changes to the law, policy guidance, legal and welfare practices and the culture of organisations. The mission is informed by a children's rights approach as well as the increasingly robust evidence base concerning sibling relationships of children who enter care.

The collaborative is campaigning for:

- Recognition within the law of the diversity of sibling relationships experienced by children who enter care.
- Enshrining within the law a duty on local authorities to consider placing siblings together when in care concurrently.
- Placing sibling contact on the same legal footing as parental contact for care experienced children and young people.

I spoke at the Stand Up For Siblings launch in March. I felt proud to be invited to speak at the Stand Up For Siblings conference and inspired to join and stand with something that will change lives.

Having a sibling and maintaining a relationship throughout life is highly important to those who grew up with their brothers and sisters. Discovering this does not always happen for care experienced children and young people is disheartening. Ensuring brothers and sisters have frequent visits and the ability to talk to one another whenever they want is highly important to their relationship development.

This movement should be adopted and used by all who have influence on sibling relationships and make a positive change not just for siblings but to the system. Having the voices of children and young people at the heart of this movement will and is creating change.

University: A big step

I'm Chloe and I'm a second-year student at Newcastle University. Going to university for the first time can be a daunting prospect for any young person. I thought I'd write this article on how moving away from home felt for me.

When I got accepted into university I was so excited to become more independent and feel more like an adult. I felt this way throughout the waiting period before I moved but when I started to pack up my things I started to get emotional. It was strange seeing my room so bare and packing away things that I forgot I even had.

It was hard leaving my family even though I knew I'd be able to talk to them on the phone whenever I wanted to and I'd be able to go home for visits during holidays and a couple of weekends between them. It was strange knowing that they'd be doing normal things that we'd usually do together but I wouldn't be there.

Even though I felt like this when I moved away I soon got used to this when I had been at university for a couple of weeks. I made lots of friends and after a few weeks it felt like I'd known them for ages.

Sometimes it's still hard not being in the same house as them but it also feels good to be able to have the independence I have and know I have a place to go home to. Not every young person has that. Even though moving was hard, having people around that supported me really helped. I'm so grateful for all the people around me and my family especially for supporting me through my university journey so far.

Not all care experienced young people have the support and guidance that they need, and many face a lot of financial constraints. While studying, students may have access to specialised support at their university. The support on offer will vary from university to university, and can range from additional financial support in the form of a bursary, to practical support to help care leavers settle into university, find accommodation, or manage finances.

Before applying to university, young people should be aware of the Tick the Box campaign. This aims to make sure care-experienced young people know that it is important to tick the care experienced box on their UCAS application, so their applications can



be processed fairly and they can access the right support at university.

Schools and colleges have a huge role to play in encouraging young people to apply to university. By speaking to your local school or college about ticking the box, you can spread the word and encourage more care-experienced young people to access the support to which they're entitled.

University has been a really positive experience for me and I would encourage anyone to take that step, but I would only have managed with the support networks around me.

If you would like any more information about Tick the Box campaign you can email [The Fostering Network on campaigns@fostering.net](mailto:TheFosteringNetworkoncampaigns@fostering.net)

Summer may be over, but the fun isn't!

Here at The Fostering Network office in Glasgow we have felt so inspired by the creativity of children, our Walking Tall heroes, that we have decided to organise another opportunity for even more children living in fostering households to showcase their talents and skills.

Have you ever heard of a diorama? It is a three-dimensional scene created to capture whatever you like – a story, a memory, an event. Our director, Sara Lurie, has some very fond memories of making dioramas as a child and we thought this would be a great opportunity to invite you to make your very own one.

We want these dioramas to be extra



special and we want them to capture something about YOU. We want them to capture your hopes, dreams and goals. We have provided some examples to help inspire you.

So, do you choose to accept our mission? Well, here is what you need to do:

1. Find a box (maybe an old shoe box).
2. Find some craft materials e.g. paint, cardboard, tissue paper, glue, pens, glitter, pipe cleaners, string, felt etc.
3. Think about what you want your diorama to capture. Maybe it's your dream job, your passions or a place you want to visit.
4. Get started!
5. Take a photo of your masterpiece and send it in via post or email, using the details below, by end November 2018.
6. Watch out for your masterpiece in our next newsletter.

For more information, contact Kirsteen Marshall scotland@fostering.net

Fosterline update – overnight stays for young people



Hi everyone, we hope this reaches you well.

We have recently been dealing with a number of enquiries from foster carers relating to sleepovers and the challenges they face. This is often highlighted by young people as something which sets them apart from their peer group. It is no surprise that foster carers are left confused as to what the correct procedures should be when discussing overnight stays.

For more information, please refer to 'Getting it Right for Every Child: Guidance on Overnight Stays for Looked After and Accommodated

Children': www.gov.scot/Resource/Doc/210818/0055724.pdf. This guidance recognises that 'relationships with friends are an essential part of a child's development by ensuring that overnight stays form a normal, safe part of a looked after child's life in care.'

The key messages throughout this guidance are that young people should be granted the same permissions to take part in 'normal' age appropriate activities with their peers; there must be a consistent approach and delegation of decisions on overnight stays, and importantly there is no legal requirement to undertake disclosure checks on adults

in a private household where a looked after child may stay overnight.

All children have the right under Scots law to have their views taken into account. What's in the best interest and safety of children or young people must be at the centre of any decision made. Children and young people have the right to challenge decisions about overnight stays, and local authorities may have arrangements in place for this. Decisions can be delegated to long-term carers, and this should be agreed with the social worker and documented at an early stage. The child or young person should know who will make the decision.

Remember, Fosterline Scotland is here to assist with any query and is available to everyone including children and young people. The service is open from Monday to Friday, 10am until 4pm. If a young person would like a call back outside these hours, please email us. Please do not hesitate to get in touch if with us if you have a query you would like help with.

Thanks, Mirren & Julie



'If you want to know what young people need and want, ask the young person.'

Lauren Wade, young champion, The Fostering Network

'Listen to young people, let them take the lead, and you'll be amazed what can be achieved.'

Amy Davidson, young champion, The Fostering Network

Sophie introduces Our Hearings, Our Voice

Our Hearings, Our Voice (or OHOV for short) is a new national board for children and young people (8-18 years), who have experience of the Children's Hearings System – sometimes known as the Children's Panel or the Panel.

The aim of OHOV is to provide children and young people with the opportunity to have a decision-making role. The focus is to create shared understanding, positive change and improvement in the hearings system through young people's lived experience.

OHOV will have three key functions:

- To identify and recommend improvements across the system (via project work / commissions).
- To scrutinise and support the work of partners across the Children's Hearings System.
- To hold the Children's Hearings System to account.

OHOV are currently looking for 12 new board members to join the board. What's in it for you?

- Lots of brilliant training and the chance to work towards an award/certificate.
- All your travel, accommodation (for you and your trusted adult) and OHOV activities paid for.
- Vouchers for taking part (or maybe you'll decide you want group activities instead!)
- Cool OHOV members goodie bags!
- Learning new skills, developing your confidence and making new friends.
- And a few other funky rewards that we're still working on just now.

So if you are aged 8-18, have experience of the Children's Hearings System, have a trusted adult who can help you to travel, and you want to make a difference, then you can find out more at the OHOV mini site – <https://bit.ly/2owMfLM>.

After recruitment closes, there will be recruitment days in different locations and the children and young people will be invited to come along and find out more and meet some other people who may be on the board.



The OHOV project is important to me as I've been through the Children's Hearings System myself. I want to help children and young people who have experience of it, making it better and more comfortable for families who are in this situation.

I think every child and young person's voice should be heard to influence and make changes within the hearings system, making them feel a part of something.

I think it's a great opportunity for children and young people to get involved because there aren't a lot of children and young people with experience of hearings involved in many things. It will be great to see them get involved and not be afraid of what people may think.

A fond farewell

After an incredible four years, the young champions' project is coming to an end. We at The Fostering Network have been inspired, motivated and very often blown away by the young champions' dedication and passion to improve fostering throughout Scotland. That they have volunteered so many hours of work to us all while continuing in education and starting new careers clearly demonstrates their commitment, not to mention their time management skills!

Collectively the young champions have taken part in a variety of training, some of which was public speaking and media skills. As part of this training, the young champions have made another short film. The message of the film is to share with other young people how valuable being part of the young champions has been to them as individuals and how important being part of the group has been to all of them. They hope to inspire other young people to get involved in groups and campaigns important to them. And of course, the message to decision makers is to listen to the voice of young people. Really listen!

You can find the film at thefosteringnetwork.org.uk/champions

Feel free to share the film as far and wide as you like (the previous film made it all the way to Australia), and do let us know your feedback or if you would like any further information.

Dates for your diary...

**Tuesday 27,
Wednesday 28 &
Thursday 29
November 2018**

The Skills to Foster: Train the Trainers
£310 plus VAT for members and £620 for non-members
Glasgow

**Wednesday 12
December 2018**

Tax workshop
Free for foster carer members
Edinburgh

**Thursday 24 January
2019**

Moving into Adulthood
£110 plus VAT for members and £220 for non-members
Glasgow

**Wednesday 13 February
2019**

Caring for Children who have been Abused: a male perspective
£110 plus VAT for members and £220 for non-members
Glasgow

If you are interested in attending any of these events, or would like to hire our training suite, please contact us on **0141 204 1400** or scotland@fostering.net



With thanks to the funders who supported this edition.

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