

**Professional Development in Fostering: Personal Reflective Journal**

This journal should be completed following attendance at a Fostering Network in Wales training event and is part of our blended learning approach, which combines online learning and face-to-face learning in groups with self-guided research and reflection.

The journal supplements the Post Approval Training Framework Record of Ongoing Learning and Development, which foster carers should use to capture evidence of learning and share with their supervising social worker. It is intended to be used as a private space for personal reflection, consolidation and goal setting, to support the application of learning.

**Name of participant**

**Course or event attended**

**Type of event** (face-to-face training, online interactive training, webinar etc)

**Date of course/event**

**Hours of learning completed**

**What were the key learning points for me?**

**How will I apply this learning to my fostering practice and direct work with children?**

e.g. What I will do differently, start doing or stop doing.

Individuals or groups to make contact with

**What additional professional development activities do I need to undertake to build this learning?**

e.g. Practice based learning, professional/peer support, formal learning/education, self-directed learning

**What have I learnt about myself as a foster carer/fostering practitioner?**

**Which of the outcomes of the** [**All Wales Induction Framework for Health and Social Care**](https://socialcare.wales/learning-and-development/induction-for-health-and-social-care-awif) **has this learning helped me to achieve?**

**Which of the outcomes of the** [**Post Approval Training Framework for Foster Carers in Wales**](https://socialcare.wales/learning-and-development/induction-for-health-and-social-care-awif) **has this learning helped me to achieve?**

**What information will I share with my Supervising Social Worker and include in my Personal Learning Record and Development Plan?**

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