



**swiis**  
foster care

## Birth Children – First Year in Fostering

Joy Watterson, Meena Khan

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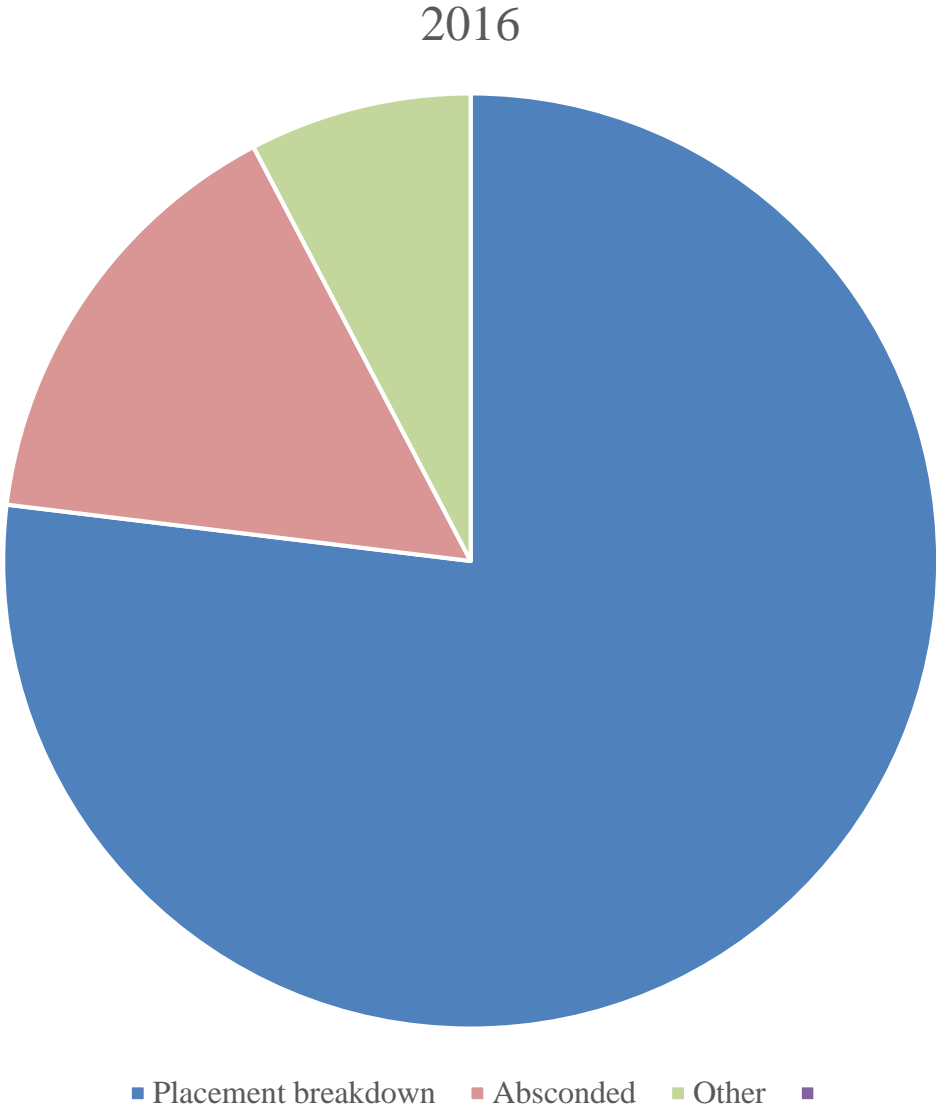
# Who are Swiis?

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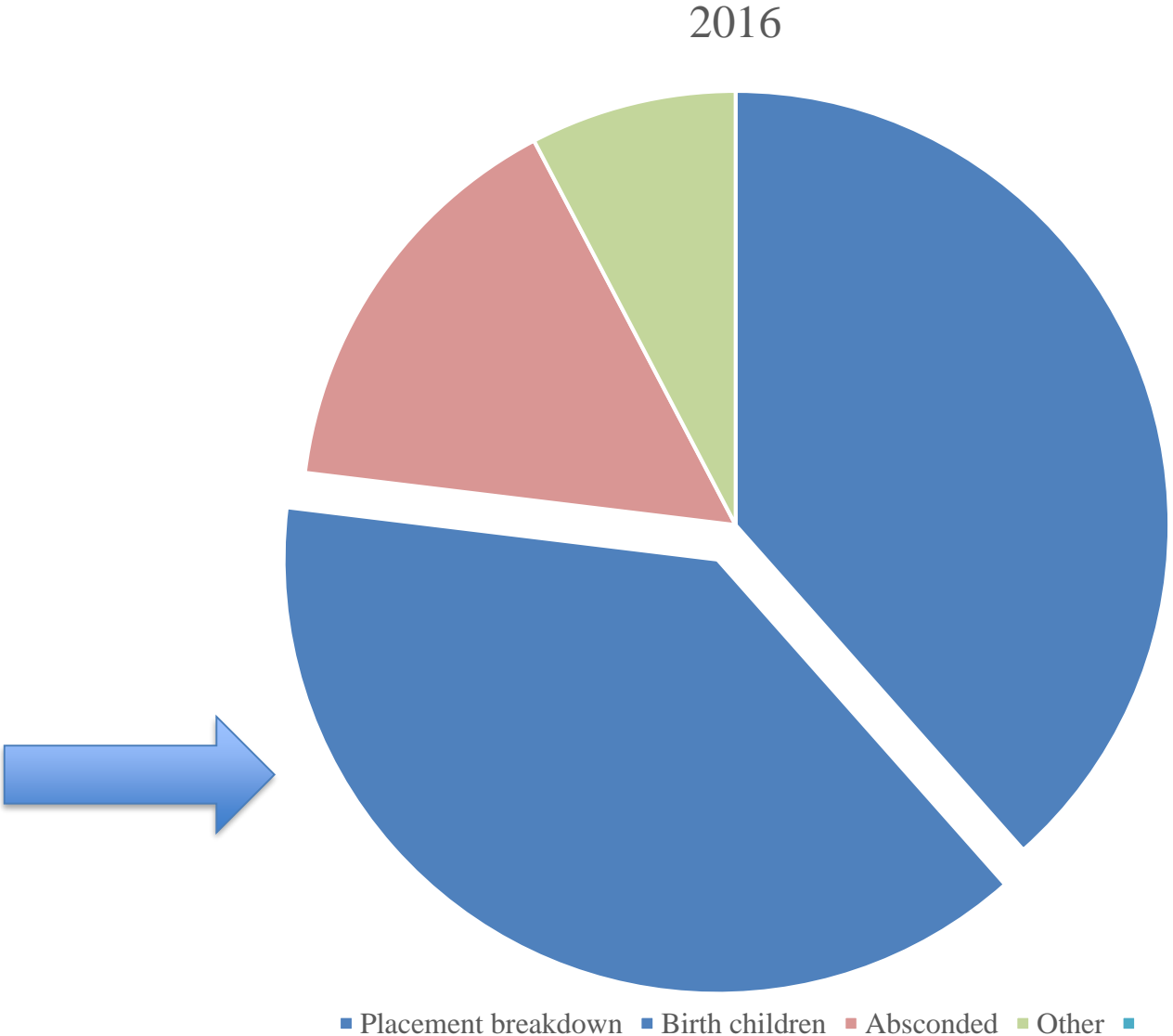
- **National Independent Fostering Agency**
- **5 Registered Offices**
- **South Region – Registered 2013**

# Unplanned Endings 2016

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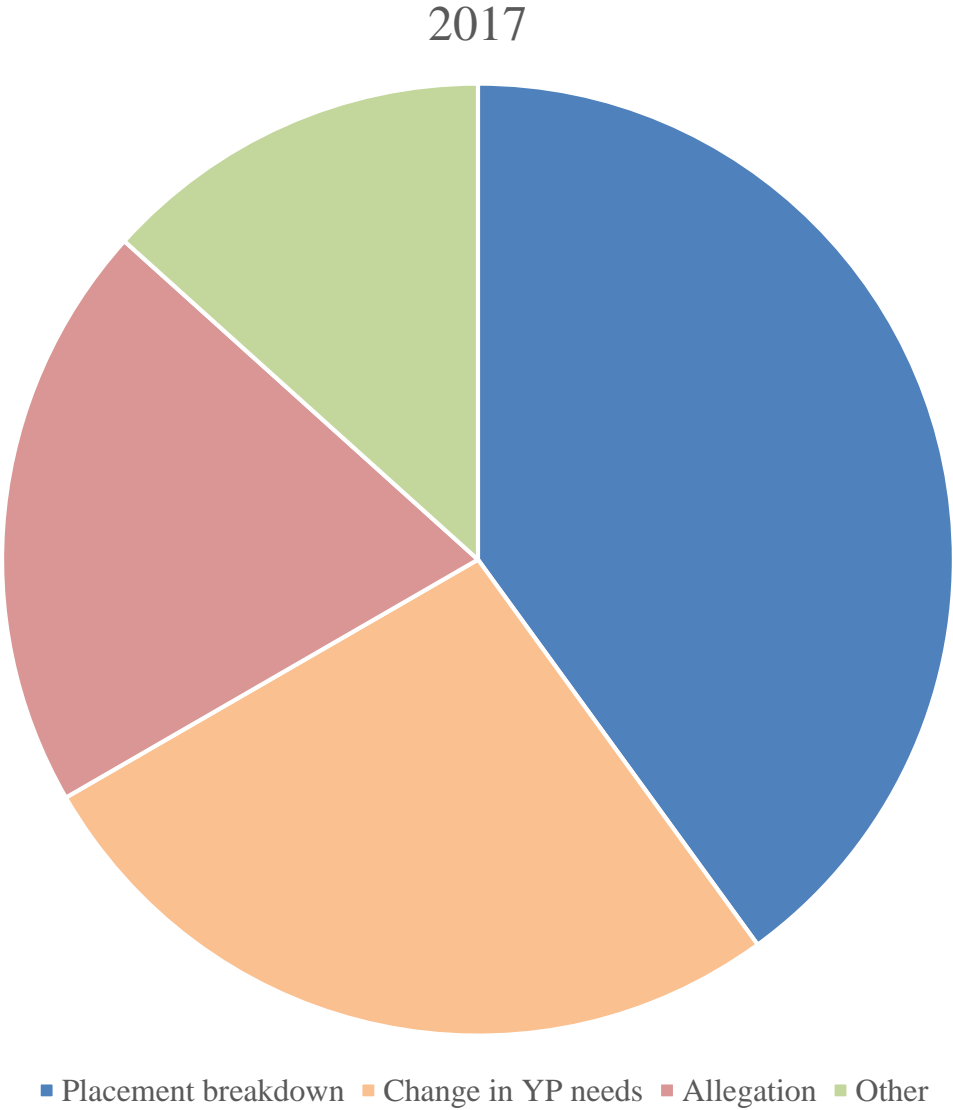


# Unplanned Endings 2016

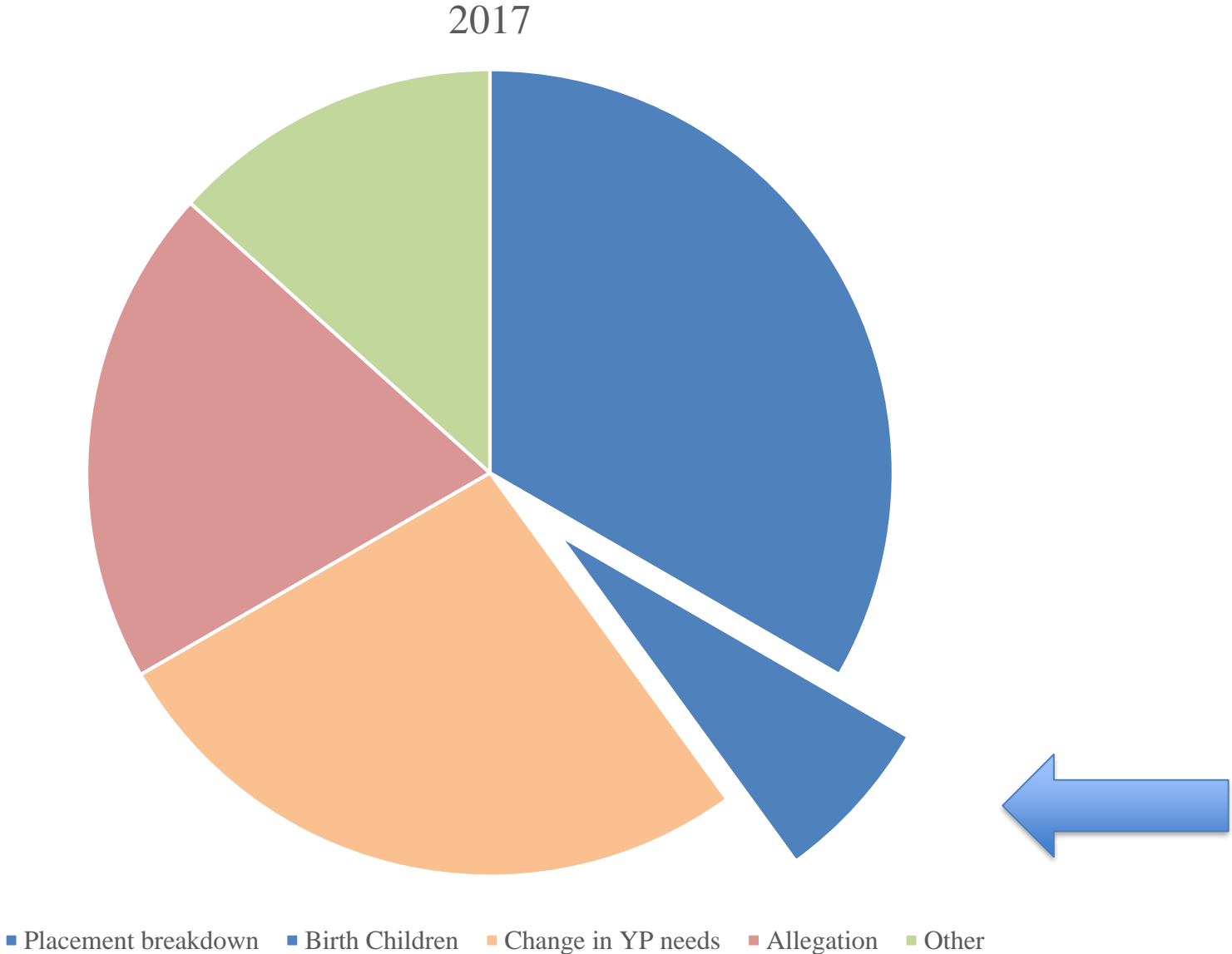


# Unplanned Endings 2017

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# Unplanned Endings 2017





# First Year in Fostering

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- **Post-approval**  
Visit from Placement Support Worker – book/box started.
- **Family Support?**
- **6 months**  
Follow-up visit.
- **Family Support?**
- **11 months**  
Final visit – Review of the year – book/box completed.

## Introduction Visit to Birth Children

Date:

Carer(s):

Name(s):

Age(s):

Placement support & participation explained	
"My Family Fosters"-booklets handed out and looked at	
Feedback-booklet for annual review looked at & procedure regarding visit explained	
<u>General discussion about fostering</u> <ul style="list-style-type: none"> <li>- What does the child/YP already know?</li> <li>- Questions</li> <li>- Worries</li> <li>- Feelings</li> <li>- Wishes/Suggestions</li> </ul>	
"First Year of Fostering"-book discussed; potential future work explored	
What support is needed at this time (FYOF or other)?	

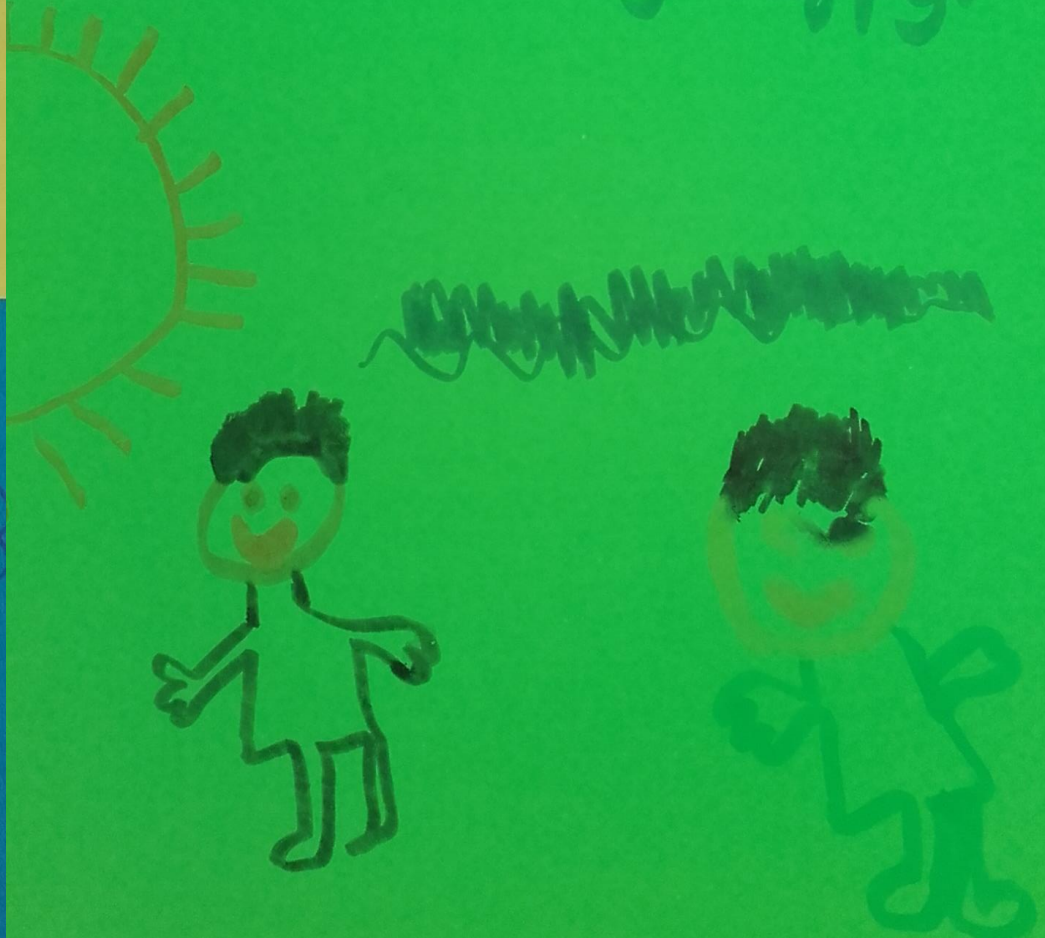


Before [redacted] (our foster child) came and my parents were talking about fostering, I felt a bit confused worried and scared because I didn't fully understand what it would mean for us as a family. However at the same time I was excited and happy because I would be helping someone ~~out~~ and I would like to make someone's ~~life~~ life better.

↑ During our first meeting with Kristina we ~~discuss~~ discussed how I ~~feel~~ felt about the idea of fostering and what fostering someone meant so this is what I wrote about that.



Before I was Scared and Surprised When I saw him ~~and I ~~was~~ now I~~ and now that he is here I am very happy.





Now that [redacted] is here I am a lot more relieved because he is really nice and I am getting much happier but am still getting used to it.

↑  
She (Kristina) then got me to write about how I felt about my first Placement and how he is, and how my opinion about fostering may or may not have changed.

22.12.16



→ This a picture of my family at Nandos for [redacted] birthday dinner [redacted] joined us for this occasion and even bought [redacted] a gift!

PROS + CONS

[redacted] is really nice and sweet. We get on very well and we have lots of fun together!  
♡

Sometimes she gets a bit moody and zones out. ☹️

Girls have / had been giving her grief and teasing her and as someone's that's gone through something similar I can give her the advice that I should have used myself and help her avoid any unnecessary upset! ☹️

She has met my brother and sisters but I don't want her to replace me.

[redacted] is very funny and bubbly

she's very shy

Sometimes I just miss me my mum dad and brother.







**Name:** [Redacted]

**Date of birth:** [Redacted]

**Placement date:**

**Date finished:**

**Moved to:** [Redacted] apartment

**What I liked most about:**  
He was very funny and sweet.

**Favourite memory:**

His birthday meal where afterwards we gave him a silver chain necklace.

**What has been difficult?**

I was recently 'bullied' by a group of girls who were supposed to be my 'friends' and I was trying really hard to get over it by myself. At that moment having my placement there was only making it more difficult to sort myself out and it made me act out a bit after.

To say goodbye to our placement I would have my brothers and sisters over and we all have dinner together (placements choice) and we all just relax together.

**Saying goodbye**

**Future Placements**

I would want a placement that was 1/2 of a similar age but a girl and she would spend a bit more time with us whenever she was at home and would hang out with us a little bit more.



# How I Feel about fostering

I feel: confused, proud, happy, sad

Happy	Mad	Sad	Glad
Worried	Excited	Bored	Scared
Annoyed	Upset	Sick	Nervous

I feel this way because:

- I feel like I want my family back



This is what I did about it:

- gave [redacted] dirty looks  
- find reasons to complain about her when she hasn't done anything



Something else I could have done is:

- scream into a pillow  
- try to adjust  
- "pick your fights"  
- don't blame [redacted] for being in the family



Ask for help	Take deep breaths	Walk away
Do something else	<u>Tell an adult</u>	Talk to a friend

# Going Forwards

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- **Would this be helpful for you/your agency?**
- **How could we develop this further?**

